



TOGETHER FOR
EXCELLENCE



Conference November 6 – 8, 2011

**Preliminary
Program**

An Invitation to Attend . . .

OACRS would like to extend a warm invitation to its 2011 Conference “Together for Excellence” being held at The Westin Prince Toronto November 6th to November 8th 2011. With the conference returning to The Westin Prince Toronto, delegates will be able to enjoy the hotel’s unique combination of 15 acres of magnificent parkland while maintaining easy access to all Toronto has to offer. Recognizing Ottawa Children’s Treatment Centre as our conference co-host, we will be bringing a little taste of Ottawa to Toronto.

As the collective voice for Ontario’s Children’s Rehabilitation Centres and the children, youth and young adults with special needs and families they serve, OACRS welcomes this opportunity to celebrate excellence in the field of paediatric rehabilitation. Parents, youth, clinicians, physicians, policy makers, senior leaders and Board Members alike will be able to experience the best in current research, practice, thinking and policy related to paediatric rehabilitation.

The Conference Planning Committee is pleased to once again offer participants a stellar program. Highlights include:

- **Retro Bill**
Our opening plenary speaker Retro Bill will motivate delegates to seek happiness and excellence in all aspects our lives. Bill will engage you with his wholesome and heartfelt message.
- **OACRS Byward Market**
The Marketplace Reception is an opportunity to network and discover the latest and greatest in resource materials and equipment.
- **Together for Excellence – Youth Panel Presentation**
Young people from across the province will share their wisdom regarding engaging youth to guide us toward continued excellence.

We are anticipating over 250 delegates will attend and we encourage you to make the 2011 OACRS Conference your priority. Come and be inspired by our collective and collaborative contribution to the lives of the 65,000 clients served by our Children’s Treatment Centres. Be sure to take advantage of the Early Bird discount by registering before October 21, 2011.

We look forward to seeing you in Toronto!

Dorothy Harvey and Jennifer Inkpen
Co-Chairs, OACRS Conference Planning Committee

2011 OACRS Conference Working Group

Vicki Johnston	Child Development Centre – Hotel Dieu Hospital
Ronit Mesterman	McMaster University
Marianna Kreppi	Niagara Peninsula Children's Centre
Marianne Dewar	Meeting Management Services
Lori Raycroft	Ottawa Children's Treatment Centre
Linda Kenny	Ontario Association of Children's Rehabilitation Services
Karen Holland	Pathways Health Centre for Children
Jennifer Inkpen	Ontario Association of Children's Rehabilitation Services
Dorothy Harvey	Niagara Peninsula Children's Centre
Donna Litwin-Makey	Children's Treatment Centre of Chatham-Kent
Diane Savage	Holland Bloorview Kids Rehabilitation Hospital
Ann Marcotte	Ottawa Children's Treatment Centre

2011 Conference Co-Host



Ottawa Children's Treatment Centre
Centre de traitement pour enfants d'Ottawa
Founded in 1951 Fondé en 1951

Information at a Glance

Conference Location

The Westin Prince Toronto Hotel

900 York Mills Road
Toronto, ON M3B 3H2
Phone: 416-444-2511
<http://www.westinprincetoronto.com/>

Conference activities will take place at The Westin Prince Toronto Hotel, 900 York Mills Road, Toronto, Ontario. The only hotel in Canada to have won the prestigious AAA Four-Diamond Award for 34 consecutive years, The Westin Prince offers luxury surroundings, a gym where you can reenergize, and two restaurants, The Katsura, an authentic Japanese restaurant, and the more informal Seasons at The Prince.

Accommodation

A limited number of rooms are available at The Westin Prince Toronto Hotel for delegates attending the OACRS 2011 Conference. The special conference rate is \$139.00 per night, single or double occupancy, plus applicable taxes. This rate is available on a first-come, first-served basis until **Wednesday, October 12, 2011**. You must make your own reservations by calling the hotel toll-free at 1-888-627-8550. **Remember to identify yourself as an Ontario Association of Children's Rehabilitation Services delegate in order to receive the special rate.**

Parking

Valet service and pay self-parking facilities	\$11.00 – \$15.00 per day
Overnight hotel guests	\$11.00 per day
Daily rate	\$9.00 per day maximum



General Directions to the Hotel

From the North

Take the 404 South (Don Valley Parkway/DVP) to York Mills Road West. Pass Don Mills Road and the hotel will be on your right.

From the West

Take 401 East to Leslie Street. Go south on Leslie Street to York Mills Road and turn left. The hotel is located on the left, just over the bridge.

From Lester B. Pearson International Airport

Take 401 East to Leslie Street. Go south on Leslie Street to York Mills Road and turn left. The hotel is located on the left, just over the bridge.

From the South

Take the Queen Elizabeth Way to Don Valley Parkway North, then exit on York Mills Road West. Pass Don Mills Road and the hotel will be on your right.

Other Ways of Getting to the Hotel

By Subway

Take the subway to York Mills Subway Station and then take a taxi to the hotel.

Travel Distance: approximately 5.0 km/3.11 miles

Travel Time: 10 minutes

By Taxi

From Union Station

Travel Distance: approximately 15.0 km/9.32 miles

Taxi Fee: \$25 approximately

From Pearson International Airport

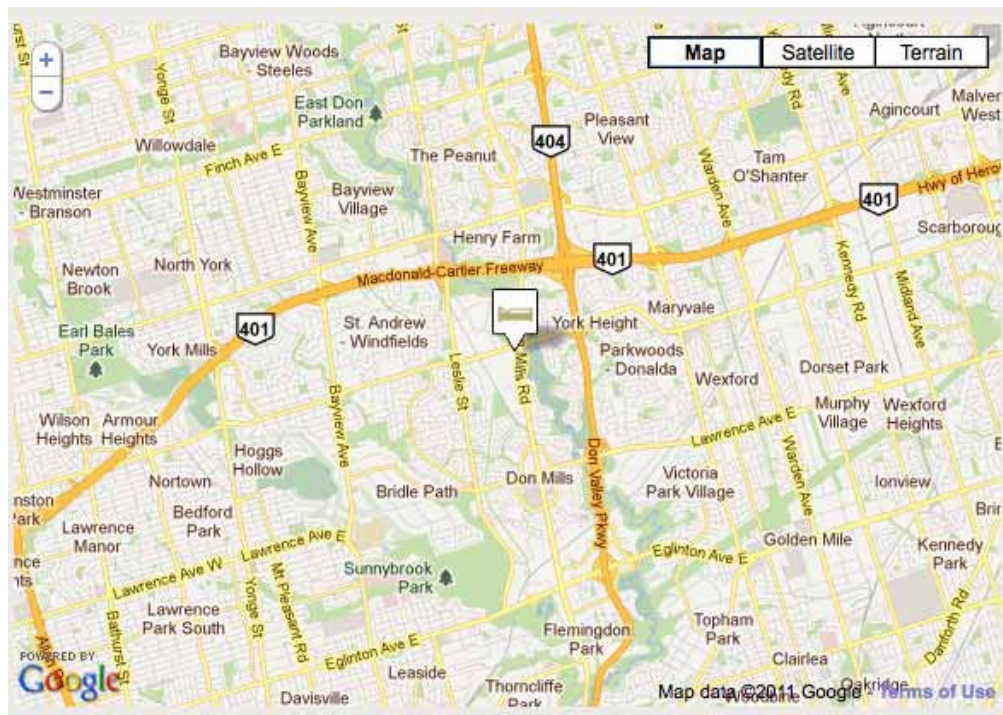
Travel Distance: Approximately 22.0 km/13.67 miles

Taxi Fee: \$47 approximately

From Downtown Toronto

Travel Distance: Approximately 12.0 km/7.46 miles

Taxi Fee: \$25 approximately



Conference Registration Fees (HST extra)

To register online using a credit card, go to www.oacrs.com/en/conference, or download a Registration Form and fax it to 1-905-332-1587.

Full Conference Rates	Member	Non-Member	Student
On or before October 21	\$420.00	\$520.00	\$269.00
After October 21	\$460.00	\$560.00	\$309.00
Daily Rates			
On or before October 21	\$260.00	\$310.00	\$164.00
After October 21	\$290.00	\$350.00	\$184.00

Full Conference Registration Includes:

- Welcome Reception
- One breakfast and two lunches
- Two keynote presentations
- Poster presentations
- Marketplace Reception
- Two days of educational sessions
- Tribute Awards Luncheon

If you have special mobility needs, please contact Meeting Management Services Inc. at 905-335-7993 or janice@mmsonline.ca.

Cancellation Policy

Requests for refunds must be submitted in writing by October 21, 2011, to Meeting Management Services Inc. at the address below.

All cancellations are subject to a \$75.00 administration fee. Substitutions are accepted. All refund cheques will be issued after the conference.

To request a refund or for more information about the conference, please contact:

Meeting Management Services Inc., 2267 Abbotsbury Street, Burlington, ON L7P 4H7
Telephone: 905-335-7993 Fax: 905-332-1587 E-Mail: janice@mmsonline.ca

Please Note

Your registration constitutes acceptance of your personal information being used by the conference organizers for OACRS conference purposes only. Your personal information will not be distributed to any parties not associated with this conference. Your registration constitutes acknowledgement of willingness to appear in photographs, motion pictures and videos taken during the OACRS conference and releases the conference organizers from liability resulting for use of such photographs, motion pictures and/or videos.

If you disagree with the above, please see personnel at the registration desk when you arrive at the conference.

Keynote Presentations

Retro Bill

We are thrilled this year to be able to bring to you our guest speaker, Retro Bill, all the way from sunny Los Angeles. Full of energy and zany gestures, Retro Bill will absolutely fascinate, intrigue, encourage, and motivate you. Whether you are a client, parent, therapist, administrator, or board member, Retro Bill will engage you with his wholesome and heartfelt message.



Retro Bill has spoken to audiences all across North America.

- Tim Horton's Canada
- The Official International D.A.R.E. Safety Buddy
- Host of America's National KidsDay
- Celebrity Spokesperson for the Worldwide KidsPeace
- Read Across America Buddy
- Nationwide K-12th grade Motivational Speaker
- Official "Character Counts" and Six Pillars of Character Presenter

With a unique ability to touch the lives of everyone he comes in contact with, Retro Bill's message is one that is not to be missed.

"... I was at the seminar and I just wanted you to know that you touched my heart and mind. You really helped me in all aspects of my life and I would just like to thank you for that. Any one that has ever met you and heard you speak should feel very lucky because I know I feel that way. Thank you so much for helping me in the way I not only see life but also how to take a much happier outlook on life..."

Be prepared to have your attitude on how you approach each and every day positively altered. Retro Bill truly wants to make the world a better place, one person at a time.

Together for Excellence – Youth Panel

Touted as a highlight of the 2010 Conference, the Youth Panel Presentation is returning as a closing plenary session for 2011. With an increase in focus on Client and Family-Centred Care many are examining the role clients can play in guiding them towards excellence.

The panel will feature young people with disabilities from across the province sharing stories about involvement with their local youth advisory council, and provide tips on what other organizations can do to recruit members and form a strong and sustainable partnership. This is an opportunity to think about how your organization empowers youth as valued partners and if there are new opportunities and obligations in your organization to engage youth.

Program at a Glance

Sunday, November 6, 2011

5:00 pm – 8:00 pm	Registration
7:00 pm – 10:00 pm	Welcome Reception

Monday, November 7, 2011

7:00 am – 5:00 pm	Registration
8:30 am – 9:15 am	Opening Remarks
9:15 am – 10:15 am	Opening Keynote Presentation <i>Retro Bill</i>
9:30 am – 6:30 pm	Poster Displays
10:30 am – 11:30 am	Concurrent Morning Sessions MA1 The Clumsy Child – Who, What Issues and So What? MA2 Using Solution-Focused Coaching in Paediatric Rehabilitation MA3 Sex in Teens with Developmental Disabilities . . . A Taboo Subject? MA4 Use of 'Psychiatric' Medication in Children with Autism Spectrum Disorders (Family Stream) MA5 Collaborative Development of a Personal Narrative Program for AAC Users
11:30 am – 1:00 pm	Tribute Awards Luncheon
11:30 am – 1:00 pm	OACRS Affiliated Physicians Luncheon and Business Meeting
1:00 pm – 2:00 pm	Concurrent Afternoon Sessions MP1 Current Best Practice Psychopharmacological Management of Autism Spectrum Disorders (Medical Stream) MP2 Ministry of Children and Youth Services MP3 Modified Constraint Induced Movement Therapy and Bimanual Therapy Enable Possibilities for Children with Hemiplegia MP4 Partnering for Change: Building Capacity through Coaching in School Context
1:00 pm – 5:00 pm	MP5 'Ask Lindsay' Live – Traveling the Special Education Highway

2:15 pm – 2:45 pm

Refreshment Break

2:45 pm – 3:45 pm

Concurrent Afternoon Sessions

- MP6 Update on the Canadian Consensus on the Use of Botulinum Toxin in Children with Cerebral Palsy
- MP7 Making Great Strategic Decisions

2:45 pm – 5:00 pm

- MP8 Incorporating ABA into Rehabilitation Therapies
- MP9 Interdisciplinary Practice and Recording: Regulatory College Perspectives

4:00 pm – 5:00 pm

- MP10 Stem Cell Therapy in Children with CP
- MP11 Collaboration in Action: Partnering to Develop a Family Leadership Program in Your Organization

5:00 pm – 6:30 pm

OACRS Byward Market - Sponsor / Delegate Networking at the Marketplace Reception

Tuesday, November 8, 2011

7:00 am – 12:30 pm

Registration

7:00 am – 1:00 pm

Poster Displays

7:30 am – 8:30 am

**OACRS Annual General Meeting
Delegate Buffet Breakfast**

8:30 am – 9:30 am

Concurrent Morning Sessions

- TA1 Youth Facilitators: Embedding the Role within Health Care Teams
- TA2 The Elephant in the Room – High Cost of Fundraising
- TA3 Physically Disabled Children's Assessments of Their Schools, Homes and Neighbourhoods: SChaN Project Results and Dissemination Strategies
- TA4 From Concept to Clinic: Program Development and Evaluation in the Getting Started Service at the Ottawa Children's Treatment Centre

8:30 am – 10:45 am

- TA5 You Have a Voice: Pediatric Therapy Caseload and Workload Standards for Ontario Children's Treatment Centres – Focus Group Session

9:45 am – 10:45 am

Concurrent Morning Sessions

- TA6 We're Moving, Grooving and Growing at Our Kids Can Play Days!!!
- TA7 Physical Activity Matters - Everyday!

9:45 am – 11:45 am

- TA8 Promoting Independence

9:45 am – 12:00 pm

- TA9 AAC and Autism

11:00 am – 12:00 pm

- TA10 CLASS Project 2010 – Effective, Efficient and Integrated Services in Pediatric Rehabilitation
- TA11 How to Support Motor Function of Young Children with Cerebral Palsy: What's New?

11:00 am – 2:00 pm

- TA12 Governance Excellence – *This session will break for lunch at 12:00 pm and resume at 1:00 pm.*

12:00 pm – 1:00 pm

Delegate Luncheon

1:00 pm – 2:00 pm

Concurrent Afternoon Sessions

- TP1 The Importance of Self-Determination to Quality of Life for Youth and Young Adults with Disabilities
- TP2 Paediatric Complex Care – An Integrated Service Model Pilot Project in Eastern Ontario
- TP3 Breaking Down Barriers to Community Participation
- TP4 “Mom, I Forgot!” – Supporting Children with Memory Problems Following Brain Injury

2:00 pm – 2:45 pm

**Closing Keynote Presentation
Together for Excellence – Youth Panel**

2:45 pm – 3:00 pm

Closing Remarks



Poster Displays

Posters will be on display on **Monday, November 7 from 9:30 am to 6:30 pm** and on **Tuesday, November 8 from 7:00 am to 1:00 pm**.

Reaping the Benefits of Partnership: Talking and Growing Together

Kristi Morgan, Sarah Ecclestone, ErinoakKids; Rachel Grey, Nikki Palmer, Trillium Hospital; Fran Middleton, Halton Region

Application of the Solution-Focused Coaching Model in AAC: Case Illustration

Stacy McDougall, Patricia Baldwin, Thames Valley Children's Centre

Enhancing Clinical Reasoning in Children's Rehabilitation Through the Orientation of Shared Humanity

Sandra VanderKaay, McMaster University

Knowledge Translation at CanChild: Making Research Relevant for Families, Service Providers and Policy Makers

Dianne Russell, Betty Yundt, Peter Rosenbaum, Cheryl Missiuna, Nancy Pollock, Dayle McCauley, Mary Beaudoin, CanChild Centre for Childhood Disability Research

Y Fit 4 U: An Interdisciplinary, Community-Based Fitness Program

Lindsay Bray, Heather Stroz, Marilyn Wright, McMaster Children's Hospital – CDRP

TVCC Healthy Eating Pilot Program

John LaPorta, Kimberly Simpson, Thames Valley Children's Centre; Heather Thomas, Middlesex London Health Unit

The Stay-FIT Pilot Study: Measuring Daily Activity of Children with Cerebral Palsy Using Accelerometry

Jan Willem Gorter, Stephen Noorduyn, CanChild Centre for Childhood Disability Research, McMaster University; Brian Timmons, Child Health and Exercise Medicine Program, McMaster University

Performance of Typically Developing Children 8 to 11 Years of Age on the Community Balance and Mobility Scale

Marilyn Wright, Cecily Bos, McMaster Children's Hospital; Jan Willem Gorter, McMaster University

Lose the Training Wheels

Laurie Lessard, John McGivney Children's Centre

Get on Board – A Mentorship Journey

Lara Haddad, Barb Juett, Shirley Rogers, Ottawa Children's Treatment Centre

Qualitative Study of the Use, Utility and Impact of a Transition Coordinator and Youth KIT Among Adolescents with Chronic Conditions

Vanessa Matias, Mary Thurgood, Deb Stewart, School of Rehabilitation Science, McMaster University; Jan Willem Gorter, CanChild Centre for Childhood Disability Research; Zubin Punthakee, Hamilton Health Sciences

Art Kitchen: Growing Up Green, Growing Up Cooking: A Look at an Inclusive Sustainable Cooking and Art Program

Shannon Crossman, Holland Bloorview Kids Rehabilitation Hospital

Your Life as an Adult

Dolly Menna-Dack, Carolyn McDougall, Holland Bloorview Kids Rehabilitation Hospital

Happy Together: Arts-Based Respite Programs in a Pediatric Rehabilitation Hospital

Shannon Crossman, Holland Bloorview Kids Rehabilitation Hospital

Analysis of Therapy Goals for Children with Developmental Delay

Mallory Ryan, Allison Rock, University of Toronto; Virginia Wright, Bloorview Research Institute; Patty Rigby, University of Toronto & Bloorview Research Institute

Transition to Adulthood with Cyber Guide Evaluation (TRACE) Among Youth with Chronic Health Conditions: A Pilot Study Using the Youth KIT and an Online Transition Coordinator

Jan Willem Gorter, CanChild Centre for Childhood Disability Research, McMaster University; Zubin Punthakee, McMaster University; Andrea Morrison, Children's Developmental Rehabilitation Programme (CDRP); Barb Galuppi, CanChild Centre for Childhood Disability Research; Kim Nagel, Deb Stewart, McMaster University; Eyal Cohen, SickKids; TRACE Study Group, McMaster Children's Hospital, Hamilton & SickKids, Toronto

Let's Participate!!! Creating Community Recreation Capacity – A Common Sense Approach

Colleen Ristok, Five Counties Children's Centre

Updating a 1970s Treatment Space to Reflect Current Practice: An "OT Gym" is Transformed into a "Soft Playroom"

Jane Boer, Christine Kassera, Karen Forbes, Ann Stocks, Kathy White, Child Development Centre

Collaborative Art Program at a Children's Treatment Centre

Kara Lee, Kim Sjolund, George Jeffrey Children's Centre

Full Day Learning Pilot in Chatham-Kent

Amelia Morrison, Children's Treatment Centre of Chatham-Kent

The Information Gap: Enhance Data Collection to Advance Research

Sarah Ramage, Bloorview Research Institute/Fleming College

Making the Difference with Families Living in Poverty

Christina Jamieson, Amelia Morrison, Children's Treatment Centre of Chatham-Kent

School Reintegration for Children and Youth with Acquired Brain Injury

Dawn Good, Sheila Bennett, Brock University; Peter Rumney, Patricia McKeever, Holland Bloorview Kids Rehabilitation Hospital & University of Toronto; Janette McDougall, Thames Valley Children's Hospital & University of Western Ontario; Rhonda Martinussen, Ontario Institute for Studies in Education, University of Toronto; Carole DeMatteo, McMaster University; Denise Guerriere, University of Toronto

Two Years of Experience with the Use of Botulinum Toxin Type A in Children and Adolescents with Severe Cerebral Palsy: A Retrospective Chart Review

Ronit Mesterman, Jan Willem Gorter, McMaster University; Adrienne Harvey, CanChild Centre for Childhood Disability Research; Jenny McEwen-Hill, Karen Margallo, Nancy Goldie, McMaster Hospital

Program

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Monday, November 7, 2011

7:00 am – 5:00 pm	Registration
8:30 am – 9:15 am	Opening Remarks

9:15 am – 10:15 am Opening Keynote Presentation - *Retro Bill*

9:30 am – 6:30 pm	Poster Displays
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10:30 am – 11:30 am Concurrent Morning Sessions

MA1 The Clumsy Child – Who, What Issues and So What?

Cheryl Missiuna, School of Rehabilitation Science, McMaster University, and CanChild Centre for Disability Research; Jennifer McLean, University of Western Ontario, Child and Parent Resource Centre, Thames Valley Children's Centre, and London Health Sciences Centre

Developmental Co-ordination Disorder (DCD) is a common, chronic health condition affecting 5-6% of school-aged children. Using evidence based resources for identification and management, we can identify co-morbidities (LD, ADHD) and diminish possible secondary consequences for children with DCD – mental health (depression, anxiety), physical health (overweight, decreased fitness) and social (isolation, behaviour issues).

MA2 Using Solution-Focused Coaching in Paediatric Rehabilitation

Patricia Baldwin, Michelle Servais, Mary Ann Tucker, Thames Valley Children's Centre

This experiential course will provide an overview of a model for Solution-Focused Coaching (SFC) in paediatric rehabilitation. Through integration of client and clinician expertise, therapy services are aligned with client hopes, priorities, ideas, and readiness. SFC enhances customization of services meaningful for the child and family that contribute to their self-determination.

Objectives:

- Participants will become familiar with coaching as a clinical intervention.
- Through experiential learning, participants will gain an understanding of a model for SFC relevant to their practice.
- Participants will be exposed to practical clinical applications for SFC.
- They will gain an understanding of the organizational resources and supports needed to enhance clinicians' use of SFC.

10:30 am – 11:30 am

Concurrent Morning Sessions

MA3 Sex in Teens with Developmental Disabilities . . . A Taboo Subject?

Jan Willem Gorter, CanChild Centre for Disability Research, and Department of Pediatrics, McMaster University; Natasha Johnson, Department of Pediatrics, McMaster University

We will review typical sexual development and identify similarities among youth with developmental disability. Practical pointers for meeting sexual health needs of this population will be discussed. We hope to promote communication and collaboration among the many disciplines involved in the care of youth with developmental disabilities and their families.

MA4 Use of 'Psychiatric' Medication in Children with Autism Spectrum Disorders (Family Stream)

Marc Woodbury-Smith, Departments of Psychiatry & Behavioural Neurosciences, McMaster University

The aim of this presentation is to discuss the rationale for the use of different medications in children with autism spectrum disorder, and some of the evidence for the effectiveness of medication to treat different symptoms will be described. Information will be given about common side effects, recommended monitoring and dose titration.

MA5 Collaborative Development of a Personal Narrative Program for AAC Users

Margaret Ettore, Melanie Workentin, Holland Bloorview Kids Rehabilitation Hospital

AAC systems must be accompanied by effective partner strategies to ensure active participation in personal narratives. The Provincial Ministry of Education initiatives and Holland Bloorview's Community Based Service model set the stage for our clinical AAC team to partner with families and school teams to devise a personal narrative program.

Objectives:

- Participants will be able to describe the need for narrative language intervention for students with AAC.
- Participants will be able to describe the effective partner responses and strategies required to support narrative language development for AAC users.
- Participants will be able to begin implementation of general program strategies with clients.

11:30 am – 1:00 pm

Tribute Awards Luncheon

11:30 am – 1:00 pm

OACRS Affiliated Physicians Luncheon and Business Meeting



1:00 pm – 2:00 pm Concurrent Afternoon Sessions**MP1 Current Best Practice Psychopharmacological Management of Autism Spectrum Disorders (Medical Stream)**

Marc Woodbury-Smith, *Departments of Psychiatry & Behavioural Neurosciences, McMaster University*

The aim of this talk is to present an up to date discussion of psychopharmacological options in autism spectrum disorders. The research evidence for the use of medication for different symptoms will be discussed and best practice recommendations will be made.

MP2 Ministry of Children and Youth Services

Description will follow shortly. Please check back for updates.

MP3 Modified Constraint Induced Movement Therapy and Bimanual Therapy Enable Possibilities for Children with Hemiplegia

Linda Fay, Janet Bernstein, Janet Woodhouse, Sophie Lam-Damji, *Holland Bloorview Kids Rehabilitation Hospital*

The development and application of constraint induced movement therapy combined with bimanual therapy for children with hemiplegia will be described. A program model utilizing an interdisciplinary approach that includes a child and parent group will be highlighted. Program outcomes will be shared from client, family, and clinician perspectives.

Objectives:

- Learn about the development and clinical application of modified constraint induced movement therapy and bimanual therapy for children with hemiplegia.
- Learn about the clinical guidelines to apply this therapy.
- Learn of outcomes from a group program utilizing modified constraint induced movement therapy and bimanual therapy.

MP4 Partnering for Change: Building Capacity through Coaching in School Context

Cheryl Missiuna, Nancy Pollock, Lisa Rivard, *CanChild Centre for Childhood Disability Research*; Cathy Hecimovich, *Central West CCAC*; Sandra Shagian-Whalen, *REACH Therapy Services*; Robin Gaines, *Children's Hospital of Eastern Ontario*

An innovative model of school-based service delivery was evaluated for children with developmental coordination disorder. Eight OTs worked with entire schools – coaching teachers, facilitating early identification, trialling and demonstrating strategies and building capacity to encourage children's successful participation. Results suggest this model holds promise for transformation of school-based practice.

Objectives:

- Become familiar with an alternate model of service delivery for school health and the results of an evaluation of the model.
- Begin to think about the applicability of this type of model within their local contexts.

1:00 pm – 5:00 pm Panel Presentation

MP5 'Ask Lindsay' Live – Traveling the Special Education Highway

Lindsay Moir, Comhnadh Consulting, OACRS Columnist; Alison Morse, Easter Seals Ontario

Lindsay Moir, special education expert and popular Web site columnist for OACRS teams up with Easter Seals Ontario to provide families and therapists who support families information on key legislation and the school processes in special education. The presentation will provide information on opportunities for parents at the school, board and provincial level.

School is a very important activity in the lives of children and youth. Those with disabilities face many challenges at school as a result of their health, mobility or motor skill limitations, as well as learning and behaviour challenges. Do you have a question regarding legislation, processes for identification, Placement and Review Committee (IPRC) or Individual Education Plans (IEP) and/or roles & responsibilities – this is your opportunity to 'Ask Lindsay'... Live.

2:15 pm – 2:45 pm

Refreshment Break

2:45 pm – 3:45 pm Concurrent Afternoon Sessions

MP6 Update on the Canadian Consensus on the Use of Botulinum Toxin in Children with Cerebral Palsy

Darcy Fehlings, Unni Narayanan

Description to follow shortly. Please check back for updates.

MP7 Making Great Strategic Decisions

John LaPorta, Thames Valley Children's Centre

This presentation will focus on the development of practical wisdom and its application in decision making in combination with a straightforward way to detect bias and minimize its effects in the most common kind of decisions leaders often have to make: recommendations from others.

Objective:

- To have all participants become very conversant with the current research and knowledge from this field.

2:45 pm – 5:00 pm Concurrent Afternoon Sessions

MP8 Incorporating ABA into Rehabilitation Therapies

Colleen Willoughby, Laura Pritchard, Thames Valley Children's Centre

Applied Behavior Analysis is recognized as an evidence-based approach to working with children with autism. This session will explore ways of incorporating ABA principles and techniques into practice for therapists who may not have had formal training in ABA.

2:45 pm – 5:00 pm Concurrent Afternoon Sessions

MP9 Interdisciplinary Practice and Recording: Regulatory College Perspectives

Facilitator: Sara Koke, Children's Treatment Network of Simcoe York

This session will bring together representatives of the various Health Regulatory Colleges for an interactive discussion of issues related to interdisciplinary practice. These include assessment; goal setting; scope of practice and recording.

4:00 pm – 5:00 pm Concurrent Afternoon Sessions

MP10 Stem Cell Therapy in Children with CP

Dr. Michael Fehlings

Description will follow shortly. Please check back for updates.

MP11 Collaboration in Action: Partnering to Develop a Family Leadership Program in Your Organization

Laura Williams, Heather Evans, Crystal Chin, Holland Bloorview Kids Rehabilitation Hospital

This workshop will provide a detailed description of Holland Bloorview's Family Leadership Program. A client, family and staff member will describe the collaborative process of establishing the program and outline current practices related to recruitment, training and evaluation of this innovative program. This workshop will also include our partner perspectives, through video clip demonstration. Lessons learned to date will also be discussed.

Objectives:

- Attendees will leave with tools to support family engagement opportunities in their respective organizations.

5:00 pm – 6:30 pm OACRS Byward Market - Sponsor / Delegate Networking at the Marketplace Reception

Be sure to attend the Marketplace Reception and take the opportunity to network with other delegates, meet paediatric rehabilitation suppliers and vendors as well as speak with the selected poster presenters.

Join us for hors d'oeuvres, refreshments and cocktails from the cash bar.



Tuesday, November 8, 2011

7:00 am – 12:30 pm

Registration

7:00 am – 1:00 pm

Poster Displays

7:30 am – 8:30 am

OACRS Annual General Meeting
Delegate Buffet Breakfast

8:30 am – 9:30 am

Concurrent Morning Sessions

TA1 Youth Facilitators: Embedding the Role Within Health Care Teams

Carolyn McDougall, Dolly Menna-Dack, Holland Bloorview Kids Rehabilitation Hospital; Joanne Maxwell, Holland Bloorview Kids Rehabilitation Hospital/Toronto Rehab

This presentation will outline the history as well as the implementation of the youth facilitator role. A panel of speakers, including a manager, allied health practitioner and youth facilitator, will discuss the process of embedding this role over the past 5 years.

Objectives:

- Key considerations to developing a peer facilitator role in healthcare organizations including funding, role description and scope of practice.

TA2 The Elephant in the Room – High Cost of Fundraising

Dana J. Young, Clarks Barristers and Solicitors

“... Canada Revenue Agency with its Guidance on Fundraising by Registered Charities has started to put one eye on the elephant in the room and during this workshop so will we”

TA3 Physically Disabled Children’s Assessments of Their Schools, Homes and Neighbourhoods: ScHaN Project Results and Dissemination Strategies

Patricia McKeever, Henna Aslam, Helen Scott, Bloorview Research Institute, Holland Bloorview Kids Rehabilitation Hospital; Sue Ruddick, University of Toronto

The ScHaN Project is a two-phase study designed to capture the insights of disabled children on the accessibility and inclusivity of their homes, school and neighbourhood environments. Key findings will be presented, followed by a discussion on key strategies to help circulate findings among families, service providers and relevant policy makers.

Objectives:

- The aim of the discussion will be to learn, discuss and prioritise mechanisms and strategies to disseminate the key research findings presented.

8:30 am – 9:30 am Concurrent Morning Sessions**TA4 From Concept to Clinic: Program Development and Evaluation in the Getting Started Service at the Ottawa Children's Treatment Centre**

Laura Bradley, Elaine Hendry, Jane Heintz Grove, Ottawa Children's Treatment Centre

Getting Started Services (GSS) is a unique service designed to offer clients access to a multidisciplinary team prior to a diagnostic assessment to address concerns and offer discipline specific strategies. This presentation will detail the ongoing development of the service and results from the program evaluation component.

Objectives:

- Participants will understand the current GSS clinic model.
- Participants will understand how the integrated program evaluation has contributed to the ongoing development of the clinic model.
- Data from systematic family feedback provides direction to the development of clinic services. Participants will understand the impact of the feedback on service delivery.

8:30 am – 10:45 am Concurrent Morning Sessions**TA5 You Have a Voice: Pediatric Therapy Caseload and Workload Standards for Ontario Children's Treatment Centres – Focus Group Session**

Authors: OACRS Management of Best Practices Committee: Workload Standards Task Force

Co-Chairs:

*Susan Vanagas-Cote, Children's Rehabilitation Centre Algoma
Shawna Wade, Holland Bloorview Kids Rehabilitation Hospital*

Members:

*Darlene Laferriere, One Kids Place
Diane Savage, Holland Bloorview Kids Rehabilitation Hospital
Holly Withers, Pathways
Jennifer Huxley, Lansdowne Children's Centre
Laurie Lessard, John McGivney Children's Centre
Mary Lynn Berthiaume, John McGivney Children's Centre
Val Vickers, Five Counties Children's Centre
Vicki Johnston, Child Development Centre – Hotel Dieu Hospital*

The intent of the Workload Standards Task Force was to research and propose to the OACRS Leadership Council reasonable workload standards for the following health disciplines (OT's, PT's, SLP's and SW) working within the system of Ontario Children's Treatment Centres (CTC's).

Objectives of this session are to:

- present the results of the provincial pediatric therapy caseload and workload surveys
- seek membership feedback on the validity of the results
- provide a forum for focused discussions on topics of interest identified in the results.

9:45 am – 10:45 am**Concurrent Morning Sessions****TA6 We're Moving, Grooving and Growing at Our Kids Can Play Days!!!**

Hazlon Schepmyer, Annie Cooper-Worsnop, ErinoakKids Centre for Treatment and Development

In collaboration with our community partners and Ontario Early Years Centres, ErinoakKids has expanded its range of services for children with Autism Spectrum Disorders (ASD) in recognition that one of the strongest predictors of quality of life in children with ASD is participation in social, leisure and recreational activities. The last 15 minutes will be dedicated to discussion allowing attendees to consider the ways in which they can replicate this new service delivery model in their organizations and communities.

TA7 Physical Activity Matters – Everyday!

Laura Brunton, University of Western Ontario; Lindsay Bray, Heather Stroz, McMaster Children's Hospital; Jan Willem Gorter, Marilyn Wright, McMaster University and McMaster Children's Hospital

This interactive workshop will address participation in physical activity of youth with physical disabilities based on literature, qualitative and quantitative research, and a demonstration project. Topics will include exploration of the lived body, fatigue, pain, activity measurement, motivators/barriers, cardiovascular health, collaborative community initiatives, and innovative methods to promote adherence.

Objectives:

- How do teens with cerebral palsy experience fatigue, pain, and physical activity? What are their motivators and barriers to physical activity?
- How active are teens with cerebral palsy, how does this impact their health?
- How can we measure these constructs?
- How can we create programs?
- How can we encourage adherence to a healthy lifestyle?

9:45 am – 11:45 am**Concurrent Morning Sessions****TA8 Promoting Independence**

Kimberlea Jones-Galley, Carie Gall, Holland Bloorview Kids Rehabilitation Hospital; Andrea Morrison, Karen Margallo, Hamilton Health Sciences - Children's Developmental Rehabilitation Program; Ana Maria Isihi, Nancy Murphy, ErinoakKids

Independent Living Programs provide youth with opportunities to develop their autonomy, practice skills for independent living and learn to direct their own care. Through experiential learning, participants make decisions and try new things in a supportive environment leaving with increased confidence and a better sense of self. This interactive workshop will introduce 3 different programs which allow youth with disabilities to practice the skills needed for independent living.

Objectives:

- Learn more about independent living programs; the successes and challenges.
- Gain an understanding of tips, tools and resources to be used in programming.
- Develop an awareness of a network of professionals who share ideas and resources and engage in ongoing discussion about independent living programs.

9:45 am – 12:00 pm

Concurrent Morning Sessions

TA9 AAC and Autism

Stacy McDougall, Thames Valley Children's Centre

This session will be a follow-up to the Clinical Best Practices Group networking session held in the spring of 2011. The goal of the networking session was to share current practice across the province in relation to augmentative communication with children and youth with a diagnosis of autism spectrum disorder, and look for opportunities to create common best practices. This session will report on the findings of the networking day and will strategize the "next steps" in relation to the development of Best Practices.

11:00 am – 12:00 pm

Concurrent Morning Sessions

TA10 CLASS Project 2010 – Effective, Efficient and Integrated Services in Pediatric Rehabilitation

Denise Watson, Jayne Matzeg, KidsAbility Centre for Child Development

Our project designed a customized service delivery system at KidsAbility Centre for Child Development. The new system maximizes effectiveness and efficiency and is well integrated into the broader system of care for children and youth with physical, developmental and/or communication disabilities, living in Waterloo Region and Guelph-Wellington County, Ontario, Canada.

Objectives:

- To learn the process and results of a year-long project review toward improved effectiveness, efficiency and integration of services.
- To learn 10 new evidenced based practice care paths.
- To learn the KidsAbility Client Classification Model for children and youth with physical challenges.
- To learn the KidsAbility Client Classification Model for children with communication challenges.

TA11 How to Support Motor Function of Young Children with Cerebral Palsy: What's New?

Laura Brunton, Katharine Randall, Doreen Bartlett, University of Western Ontario

Evidence-based materials supporting early motor function of children with cerebral palsy include parent report versions of the Gross Motor Function Classification System, the basal and ceiling approach to the Gross Motor Function Measure, the Early Clinical Assessment of Balance and a holistic conceptual model for children of all ability levels.

Objectives:

- Understand the utility of parent report versions of the GMFCS.
- Understand how to administer, score and interpret the reliable and valid abbreviated version of the GMFM using a basal and ceiling approach with as few as 15 items.
- Understand how to use individualized item maps produced by the Gross Motor Ability Estimator to assist with realistic goal setting.
- Understand the components of the Early Clinical Assessment of Balance and its application to children of all ability levels.

- Understand how the application of the International Classification of Functioning, Disability and Health is useful in understanding the complex array of factors that contribute to motor function of young children with cerebral palsy.
- Understand the implications of the conceptual model in clinical decision-making.

11:00 am – 2:00 pm Concurrent Morning Sessions

TA12 Advancing Excellence: The Board's Role – Panel Discussion

Lyn McDonell, *The Accountability Group*

In this session on coming trends in governance, we explore the board's role in defining and driving excellence in a children's treatment centre. In the first part of the session "Driving Quality", a panel reflects on what CTCs can leverage from health care environments regarding leadership on quality issues and improvement. We'll look at what forward-thinking Boards might incorporate into their leadership roles with respect to quality -- regardless of whether or not there's a direct legislated requirement. In the second part of the session "Powerful Questions," participants will learn how to ask meaningful governance-level questions to better an organization and its plans. We'll use CTC case examples to highlight the board's role in diligence and promoting ownership, commitment and accountability.

This session will break for lunch at 12:00 pm and resume at 1:00 pm.

12:00 pm – 1:00 pm Delegate Luncheon

1:00 pm – 2:00 pm Concurrent Afternoon Sessions

TP1 The Importance of Self-Determination to Quality of Life for Youth and Young Adults with Disabilities

Janette McDougall, Patricia Baldwin, Jan Evans, *Thames Valley Children's Centre*

This presentation will describe a longitudinal study that examined the relationship between self-determination and quality of life for youth and young adults with disabilities. To begin, existing models of self-determination will be introduced. Current programs and possible future opportunities within OACRS centres for enhancing clients' self-determination will be discussed.

Conference participants who attend this presentation will:

- Be engaged in a discussion about what SD means to them and explore the various existing models of SD;
- Become familiar with the literature base examining the relationship between SD and various outcomes, including QOL;
- Be aware of past and current research being conducted at TVCC examining the relationship between SD and QOL;
- Learn how TVCC focuses on enhancing clients' SD in various clinical programs;
- Discuss opportunities within OACRS centres to enhance clients' SD.

1:00 pm – 2:00 pm Concurrent Afternoon Sessions

TP2 Paediatric Complex Care – An Integrated Service Model Pilot Project in Eastern Ontario

Nathalie Major, Children's Hospital of Eastern Ontario; Ann Marcotte, Ottawa Children's Treatment Centre; Allison Budge, Champlain CCAC

Optimizing care coordination and needs of medically complex, fragile, and technologically dependent children and youth are essential. The first year of a two year cross sector partnership pilot project will be reviewed, focusing on the financial impact and the uniqueness of the most responsible physician and the lead case manager.

Objectives:

- To inform participants of an innovative model of coordination of care.
- To review the evaluation data of year one of the pilot project.
- To engage participants in discussion around the coordination of care and how they can promote and develop projects in their communities.

TP3 Breaking Down Barriers to Community Participation

Rhonda Jacobson, Children's Treatment Network; Vanessa Karklins, YSSN – York Support Services Network

Many kids with disabilities spend a lot of time at appointments and in therapy. Discover how to partner with your local Recreation Department to provide adapted/inclusive recreation programs for kids of all abilities, and provide them with fun ways to learn new skills, socialize, and participate more fully in their communities.

Objectives:

- Provide strategies to connect with your local recreation departments, community agencies, and parents of children and youth with special needs.
- Provide accessible, inclusive and specialized programming for children and youth with disabilities at local community centres.
- Provide programming ideas.
- Integration of treatment goals with recreation activities.
- Overcoming barriers to implementation.
- Bringing municipalities together.

TP4 “Mom, I Forgot!” – Supporting Children with Memory Problems Following Brain Injury

Peter Rumney, Lauren Dade, Holland Bloorview Kids Rehabilitation Hospital

Providing effective interventions for children with significant memory deficits following brain injury can be challenging, especially when memory may be only one of several cognitive issues that are present. This interactive presentation will discuss traditional cognitive interventions, supports using new technology (iPods, Smartphones, Livescribe), and provide case study examples.

Objectives:

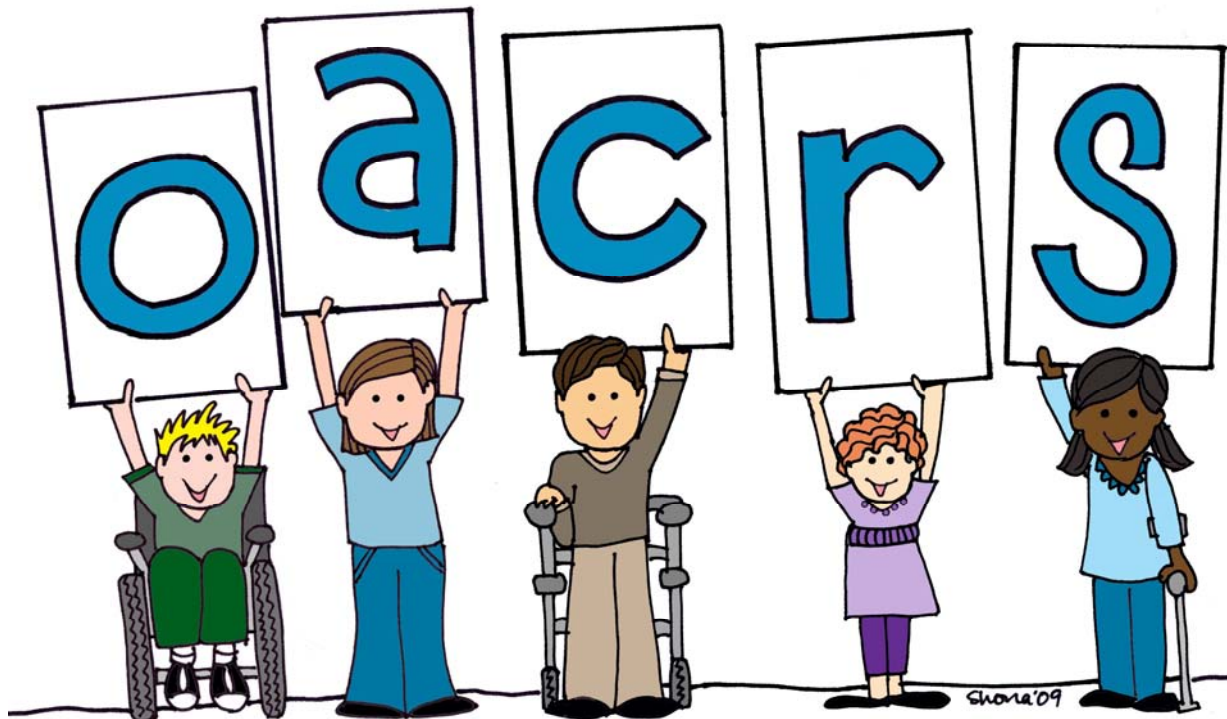
- Understanding the effectiveness and limitations of cognitive intervention techniques for different memory problems.

- Increased awareness of current technology that can be used as a memory aid.
- Determining which devices are most relevant for a client.
- Open forum discussion of participants' experiences with clients and memory interventions.
- Discussion of research needs and potential avenues for collaboration.

2:00 pm – 2:45 pm **Closing Keynote Presentation**
Together for Excellence – Youth Panel

2:45 pm – 3:00 pm **Closing Remarks**

To register online using a credit card, go to
www.oacrs.com/en/conference, or download a
Registration Form and fax it to 1-905-332-1587.



About OACRS

Since 1978, the Ontario Association of Children's Rehabilitation Services (OACRS) has represented the interests of Children's Rehabilitation Centres in Ontario. Through our services as a membership organization, we provide a powerful united voice for our member centres and deliver leadership by influencing policy, programs and funding to maximize the potential for all children and youth facing physical, communication and/or developmental challenges. Currently OACRS represents all 21 Children's Treatment Centres in Ontario.

OACRS is committed to advancing an integrated, inclusive and family-centred sector. OACRS' members provide innovative therapies and extensive treatment options to 60,000 children with physical, developmental and communications needs annually in cities, towns and rural areas across the province.

Our partners in children's rehabilitation include the Ministries of Children and Youth Services, Community and Social Services, Education and Health and Long-term Care. Together our members provide over \$185 million of services on a yearly basis.

Our Vision

All children and youth will have the best opportunity to reach their potential.

Our Mandate

The Ontario Association of Children's Rehabilitation Services (OACRS) is the united provincial voice for all children and youth with physical, communication and/or developmental challenges.

To maximize the potential of the 60,000 children served by its members, OACRS:

- leads in influencing government and public policy for children, youth and families
- collaborates with government to optimize funding and resources for the sector
- advances strategic partnerships at the provincial level
- ensures families are key partners in policy direction
- provides the services identified by its members as priorities

