transforming together

OACRS 2014 conference

November 2-4 • Eaton Chelsea, Toronto

PRELIMINARY PROGRAM & REGISTRATION
An Invitation to Attend . . .

On behalf of the Ontario Association of Children’s Rehabilitation Services (OACRS) and conference co-host Thames Valley Children’s Centre, we are delighted to invite you to Toronto for the 2014 OACRS Conference “Transforming Together”.

Join us for two full days of knowledge sharing, lively discussion, inspiration and connecting with old (and new) friends to celebrate excellence in the field of paediatric rehabilitation.

**Opening Keynote Address – Dr. Peter Jensen**

Dr. Peter Jensen, a global authority on coaching leadership and high performance, knows firsthand what it takes to get the best out of people. The author of the bestselling books *The Inside Edge*, and *Ignite the Third Factor*, Jensen offers solutions on motivating, engaging, and developing people to achieve their best.

**Closing Keynote Address – Family Panel – “Been There, Learned This”**

This year’s closing panel presentation includes parents from across Ontario sharing their experiences in raising a child with special needs. Parents will share their wisdom, lessons learned and perspectives on navigating the system of supports.

**Poster Presentations**

Poster presentations are a vital part of the OACRS Conference. This year, posters will be available for viewing throughout the entire conference. We have incorporated breaks throughout the day which will provide delegates the opportunity to speak directly with poster presenters.

**Marketplace Reception**

Don’t miss out on this opportunity to network and discover the latest and greatest in resource materials and equipment.

Be sure to take advantage of the Early Bird discount by registering before October 17, 2014.

We look forward to seeing you in November!

Dorothy Harvey and Jennifer Inkpen
Co-Chairs, OACRS Conference Planning Committee
2014 OACRS Conference Working Group

Amanda Collins  Child Development Centre, Hotel Dieu Hospital  
Dr. Dawa Samdup  Child Development Centre, Hotel Dieu Hospital  
Donna Litwin-Makey  Children’s Treatment Centre of Chatham-Kent  
Dorothy Harvey  Niagara Children’s Centre  
Dr. Garth Smith  Child Development Centre, Hotel Dieu Hospital  
Jamie Posavad  Hamilton Health Sciences  
Jennifer Inkpen  Ontario Association of Children’s Rehabilitation Services  
John LaPorta  Thames Valley Children’s Centre  
Marianne Dewar  Meeting Management Services Inc.

2014 Conference Co-Host

Thames Valley Children’s Centre
Information at a Glance

Conference Location
Eaton Chelsea, Toronto
33 Gerrard St. West
Toronto, Ontario M5G 1Z4
www.chelsea.eatonhotels.com

All conference activities will take place at the Eaton Chelsea, Toronto. Located in the heart of downtown Toronto, the hotel is within walking distance to the city’s best shopping districts, Yonge-Dundas Square, fantastic live theatre, vibrant nightlife and exciting attractions. The hotel features a pool and health club, giving you unlimited access to cardio and weight training equipment while enjoying a panoramic view of downtown Toronto. Complimentary Wi-Fi internet service is available throughout the hotel.

Accommodation
A limited number of rooms are available at the Eaton Chelsea, Toronto for delegates attending the OACRS 2014 Conference. The special conference rate is $135.00 per night, single or double occupancy, plus applicable taxes. This rate is available on a first-come, first-served basis until October 14, 2014. You must make your own reservations by calling the hotel toll free at 1-800-243-5732. Remember to identify yourself as an Ontario Association of Children’s Rehabilitation Services delegate in order to receive the special rate.

Parking
- Guest Self-parking: $29 per night plus taxes, unlimited in and out privileges.
- Guest Valet parking: $39 per night plus taxes, unlimited in and out privileges.
- Daily Self-parking rate: $16 plus taxes from 6 am to 6 pm

Underground parking entrance is located on the south side of Gerrard Street in front of the Gerrard Street hotel lobby entrance. The height restriction is 5 feet, 6 inches.

General Directions to the Hotel

FROM PEARSON INTERNATIONAL AIRPORT

By Taxi
Travel Distance: Approximately 40.0 km/25 miles
Taxi Fee: $50 approximately

By Public Transit – Airport Rocket
The #192 Airport Rocket provides all-day, regular accessible express bus service between Kipling Station on the Bloor-Danforth Subway and Pearson International Airport. There is a necessary transfer to or from the airport and downtown Toronto. Travel time between the Toronto Airport and Union Station would be about 45 minutes and would cost the adult one-way TTC fare of $3.00.

By Airport Express Shuttle
The Airport Express takes about 40 minutes to reach downtown Toronto and costs about $27.95 one way (plus tip). The Airport Express Shuttle runs from the arrivals terminal at Pearson International Airport to downtown Toronto hotels, including the Eaton Chelsea every 40 minutes. Call 905-564-3232 or toll-free 1-800-387-6787.

FROM UNION STATION

By Subway
Take the Yonge Subway line north to College Street, walk south to Gerrard Street. The hotel is on the west side of the street. The cost of adult one-way TTC fare is $3.00.

By Taxi
Fare is about $15.00 and travel time is approximately 10 minutes.
Conference Registration Fees (HST extra)

To register online using a credit card, go to www.oacrs.com/en/conference, or download a Registration Form and fax it to 1-905-332-1587.

<table>
<thead>
<tr>
<th>Full Conference Rates</th>
<th>Member</th>
<th>Non-Member</th>
<th>Student</th>
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</thead>
<tbody>
<tr>
<td>On or before October 17</td>
<td>$435.00</td>
<td>$535.00</td>
<td>$280.00</td>
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<tr>
<td>After October 17</td>
<td>$475.00</td>
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<tr>
<td>One-Day Rates (Monday or Tuesday)</td>
<td>$275.00</td>
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<tr>
<td>On or before October 17</td>
<td>$305.00</td>
<td>$365.00</td>
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Full Conference Registration Includes:
- Welcome Reception
- 2 keynote presentations
- Marketplace Reception
- OACRS Tribute Awards
- One buffet breakfast and two lunches
- Poster presentations
- Two days of educational sessions
- OACRS Annual General Meeting

If you have special mobility needs, please contact Meeting Management Services Inc. at 905-335-7993 or janice@mmsonline.ca.

Cancellation Policy
Requests for refunds must be submitted in writing by October 17, 2014, to Meeting Management Services Inc. at the address below. All cancellations are subject to a $75.00 administration fee. Substitutions will be accepted. All refund cheques will be issued after the conference.

Important Notes
1. Your registration constitutes acceptance of your personal information being used by the conference organizers for OACRS conference purposes only. Your personal information will not be distributed to any parties not associated with this conference. Your registration constitutes acknowledgement of willingness to appear in photographs, motion pictures and videos taken during the OACRS conference and releases the conference organizers from liability resulting for use of such photographs, motion pictures and/or videos. If you disagree with the above, please see personnel at the registration desk when you arrive at the conference.

2. Canada’s anti-spam legislation requires us to obtain your express consent to send you emails about OACRS conferences. If you would like to receive or continue to receive emails about OACRS conferences from Meeting Management Services Inc., please indicate your consent when you register for the conference.

To request a refund or for more information about the conference, please contact:
Meeting Management Services Inc.
2267 Abbotsbury Street, Burlington, ON  L7P 4H7
Telephone: 905.335.7993        Fax: 905.332.1587        E-Mail: oacrsconference@mmsonline.ca
Keynote Presentations

Monday, November 3
Opening Keynote Presentation
Dr. Peter Jensen
Peter Jensen has a PhD in sport psychology and is the founder of one of Canada’s premiere training companies, Performance Coaching Inc. He has worked with major companies all over North America and abroad. He has attended eight Olympic Games, worked with over 60 medal winning athletes and their coaches, and is a sport psychology trainer for many of Canada’s Olympic athletes. He is also an instructor at Canada’s foremost executive development school, Queen’s School of Business.

As a speaker, Peter has the power to invigorate audiences through his compelling use of humour, personal experiences and concrete, actionable content. As a “developer of people” his strength is in creating environments where people learn and grow. Peter’s wealth of personal experiences in both the corporate and sports arenas allow him to communicate high-level concepts in an extremely accessible way through anecdotes, metaphors and true stories. He is insightful, relevant and highly entertaining!

Tuesday, November 4
Family Panel – Closing Keynote Presentation
“Been There, Learned This”
This year’s panel presentation, “Been there, learned this!” will involve parents from across Ontario sharing their experiences in raising a child with special needs. Parents will share their wisdom, lessons learned and their perspectives of navigating the system of supports for their families.
## Program at a Glance

### SUNDAY, NOVEMBER 2, 2014

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>5:00 pm – 7:00 pm</td>
<td>Registration</td>
</tr>
<tr>
<td>7:00 pm – 10:00 pm</td>
<td>Welcome Reception</td>
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### MONDAY, NOVEMBER 3, 2014

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>7:00 am – 5:00 pm</td>
<td>Registration</td>
</tr>
<tr>
<td>8:30 am – 9:15 am</td>
<td>Opening Remarks</td>
</tr>
<tr>
<td>9:15 am – 10:15 am</td>
<td>Opening Keynote Presentation</td>
</tr>
<tr>
<td>10:30 am – 11:30 am</td>
<td>Concurrent Morning Sessions</td>
</tr>
<tr>
<td></td>
<td>MA1 Bridging the Gap: From Mother to Infant to Child</td>
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<td></td>
<td>MA2 The OIL Centre: Implementing Technology in Pediatric Rehabilitation</td>
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<td></td>
<td>MA3 Enhancing Clinical Listening Skills: A Collaborative Partnership Involving Clinical Practice, Research, and Education</td>
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<td></td>
<td>MA4 Family Engagement in Research and Knowledge Translation: Why and How?</td>
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<td>MA5 Children with Down Syndrome and Complex Needs</td>
</tr>
<tr>
<td>11:00 am – 5:30 pm</td>
<td>Posters on Display</td>
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<tr>
<td>11:30 am – 1:00 pm</td>
<td>Tribute Awards Luncheon</td>
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<tr>
<td>1:00 pm – 2:00 pm</td>
<td>Concurrent Afternoon Sessions</td>
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<td></td>
<td>MP1 Early Environmental Influences on the Developing Human Brain: Studies of Epigenetic Mechanisms and Relevance for Mental Health</td>
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<td>MP2 Let’s Talk Family Portals</td>
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<td>MP3 Beyond RDSPs: Proactive Financial Planning for Families with Special Needs</td>
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<td>MP4 Transforming and Enhancing Entry-to-Service for Families: An Organization’s Experience with Listening and Responding to Families’ Priority Needs</td>
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## Program at a Glance

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td><strong>1:00 pm – 5:00 pm</strong></td>
<td>MP5 SFC 101: Introducing Solution-Focused Coaching as a Powerful and Positive Way to Work Collaboratively with Others</td>
</tr>
<tr>
<td><strong>2:15 pm – 2:45 pm</strong></td>
<td>Refreshment Break</td>
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<tr>
<td><strong>2:45 pm – 3:45 pm</strong></td>
<td>Concurrent Afternoon Sessions</td>
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<tr>
<td></td>
<td>MP6 Ins &amp; Outs of the Management of the Hip in Cerebral Palsy</td>
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<td>MP7 Benchmarking Excellence in Children’s Rehabilitation Internationally</td>
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<td>MP8 From Me to We: How Stories, Innovation and Understanding Make a Difference</td>
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<td>MP9 Using the Fatigue Impact and Severity Self-Assessment – Strategies to Enhance Self-Awareness and Self-Management of Fatigue in Cerebral Palsy</td>
</tr>
<tr>
<td><strong>4:00 pm – 5:00 pm</strong></td>
<td>Concurrent Afternoon Sessions</td>
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<tr>
<td></td>
<td>MP10 Caring for Kids New to Canada</td>
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<td></td>
<td>MP11 Using Interactive Computer Play in Rehabilitation Therapies: Potential and Challenges</td>
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<td></td>
<td>MP12 Our Community’s Teen Transition Journey</td>
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<tr>
<td></td>
<td>MP13 Transition to School: Integrating for Better Outcomes</td>
</tr>
<tr>
<td><strong>5:00 pm – 5:30 pm</strong></td>
<td>Posters on Display</td>
</tr>
<tr>
<td><strong>5:30 pm – 6:30 pm</strong></td>
<td>Marketplace Reception</td>
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<tr>
<td><strong>6:00 pm – 9:00 pm</strong></td>
<td>PONDA Physicians Network – Dinner Meeting</td>
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<td>Not included in Registration Package: Additional Cost of $57.50</td>
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## Program at a Glance

**TUESDAY, NOVEMBER 4, 2014**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>7:00 am – 12:30 pm</td>
<td>Registration</td>
</tr>
<tr>
<td>8:00 am – 8:30 am</td>
<td>OACRS Annual General Meeting and Buffet Breakfast</td>
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<tr>
<td>8:00 am – 8:30 am</td>
<td>Delegate Buffet Breakfast</td>
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<tr>
<td>8:00 am – 2:00 pm</td>
<td>Posters on Display</td>
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<tr>
<td>8:30 am – 9:30 am</td>
<td>Concurrent Morning Sessions</td>
</tr>
<tr>
<td>TA1</td>
<td>From Research to Practice: What Do We Know and How Can We Advance Aquatic Programs in Children’s Rehabilitation Services?</td>
</tr>
<tr>
<td>TA2</td>
<td>Ministry of Children and Youth Services Presentation</td>
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<tr>
<td>TA3</td>
<td>AAC Outcomes for Kids Research Alliance: Origins of an Integrated Knowledge Translation Network</td>
</tr>
<tr>
<td>8:30 am – 10:45 am</td>
<td>Concurrent Morning Sessions</td>
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<tr>
<td>TA4</td>
<td>Panel Presentation – Solution-Focused Coaching: How it ‘Makes Sense’ for Children’s Rehabilitation Services in Ontario</td>
</tr>
<tr>
<td>TA5</td>
<td>Beyond Strangers: Forging Partnerships that Transforms Lives</td>
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<tr>
<td>9:45 am – 10:45 am</td>
<td>Concurrent Morning Sessions</td>
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<tr>
<td>TA6</td>
<td>Best Practices in Program Planning: Applying Multi Criteria Decision Making</td>
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<tr>
<td>TA7</td>
<td>Measuring Outcomes in Pediatric Rehabilitation</td>
</tr>
<tr>
<td>9:45 am – 12:00 pm</td>
<td>Concurrent Morning Session</td>
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<tr>
<td>TA8</td>
<td>Management Best Practices: Clinical Documentation Working Group</td>
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<td>Time</td>
<td>Session</td>
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<tr>
<td>11:00 am – 12:00 pm</td>
<td><strong>Concurrent Morning Sessions</strong></td>
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<tr>
<td>TA9</td>
<td>Communication During Crisis</td>
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<tr>
<td>TA10</td>
<td>Perceived Quality of Life for Youth with Chronic Health Conditions: Exploring Related Factors Using a Mixed-Methods Approach</td>
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<tr>
<td>TA11</td>
<td>Resiliency in Parents: You’re Stronger than You Think</td>
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<tr>
<td>TA12</td>
<td>Celebrating 25 Years of CanChild</td>
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<tr>
<td>12:00 pm – 1:00 pm</td>
<td><strong>Delegate Luncheon and Posters</strong></td>
</tr>
<tr>
<td>1:00 pm – 2:00 pm</td>
<td><strong>Concurrent Afternoon Sessions</strong></td>
</tr>
<tr>
<td>TP1</td>
<td>Improving Health Care Services for Children with Disabilities in Canada: A National Data Set for Pediatric Rehabilitation</td>
</tr>
<tr>
<td>TP2</td>
<td>Board Session</td>
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<tr>
<td>TP3</td>
<td>“What is needed is a central person to whom immigrant families can go to...”: Service Providers’ Perceptions of Challenges Faced by Immigrant Mothers of Children with Disabilities</td>
</tr>
<tr>
<td>TP4</td>
<td>Family Session</td>
</tr>
<tr>
<td>TP5</td>
<td>OACRS Clinical Best Practices Working Group – Pediatric Rehabilitation Research: Current Trends, Issues and Future Directions</td>
</tr>
<tr>
<td>2:15 pm – 3:15 pm</td>
<td><strong>Closing Keynote Presentation</strong></td>
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<tr>
<td>FP5</td>
<td>“Been There, Learned This”</td>
</tr>
<tr>
<td>3:15 pm – 3:30 pm</td>
<td><strong>Closing Remarks</strong></td>
</tr>
</tbody>
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Posters

Posters will be available for viewing on Monday, November 3rd from 11 am to 5:30 pm, and on Tuesday, November 4th from 8 am to 2 pm.

Everyday Ethical Dilemmas in the Field of Childhood Disability

Barbara Jane Cunningham, Speech-Language Pathologist, PhD Student, McMaster University, CanChild Centre for Child Development; Gabriel Ronen, Professor of Pediatrics, Department of Pediatrics, McMaster University; Peter Rosenbaum, Professor of Pediatrics, Health Services Researcher, McMaster University, CanChild Centre for Child Development

Clinicians working with disabled children and their families were surveyed about the ethical dilemmas they encountered on a regular basis. Reported dilemmas were often similar to what has already been reported in the literature, but several themes specific to the field of childhood disability were identified.

A Bioecological Approach to Evaluating Participation Outcomes in Pediatric Speech-Language Pathology

Barbara Jane Cunningham, Speech-Language Pathologist, PhD Student, McMaster University, CanChild Centre for Child Development

This work discusses how the bioecological model of development can be applied to the study of participation outcomes for preschoolers with speech, language, and communication delays. Applying this model to outcomes research allows for a structured examination and understanding of research findings.

Evaluating the Effectiveness of the Group Stepping Stones Program for OCTC Clients

Helene Courchesne, Behaviour Consultant, Ottawa Children's Treatment Centre; Dharma Patel, Behaviour Consultant, Ottawa Children's Treatment Centre

The Ottawa Children’s Treatment Centre is offering the Triple P (Positive Parenting Program): Group Stepping Stones (GSS) to parents of children with developmental disabilities. GSS is described as an evidence-based program, providing parents effective strategies to help them manage their children’s misbehaviour. Results show improvements amongst participants through standardized assessments.

Tech Kids and Tech Teens: Introducing Technology Today to Create Greater Independence Tomorrow

Roselle Adler, Occupational Therapist, Ottawa Children’s Treatment Centre; Tara Previl, Occupational Therapist, Ottawa Children’s Treatment Centre

The Tech Kids/Tech Teens summer camp used assistive technology to increase functional life skills through power mobility, augmentative communication and/or alternative computer access. Clients participated in technology-infused activities, set in a realistic context. Client and program evaluation, clinical benefits and future directions of the camp will be discussed.

Free to Read

Janet Isaac, Clinical Manager, Grandview Children’s Centre; Sabrina Bellows, Speech Language Pathologist/Discipline Lead, Grandview Children’s Centre

The Free to Read program is a no cost book sharing program to promote literacy skills and access to books for families with small children. Donated books and easy-to-follow information pages are available for families to use at home to support early literacy development.

Durham ABA-Based Services and Supports for Children and Youth with Autism Spectrum Disorder: A Collaborative Approach to Service Delivery

Wanda Ricci, Clinical Manager, Grandview Children’s Centre

This poster presentation will describe Grandview Children's Centre’s collaborative partnership with community agencies to provide Applied Behaviour Analysis (ABA)-based services and supports for children and youth in the Durham region. The role of each partner agency and opportunities for collaboration during each phase of service delivery will be summarized.

Durham Spring into Literacy Conference

Wanda Ricci, Clinical Manager, Grandview Children’s Centre; Joan Gajadharsingh, Literacy Specialist, Ontario Early Years Centre

This poster presentation will describe Grandview Children’s Centre’s collaborative partnership with community providers to plan an annual Literacy Conference in Durham region. The poster will include an overview of how the conference has evolved over the past 3 years by incorporating the lessons learned and expanding community partnerships.

Quality of Statistical Reporting in Developmental Disability Journals

Aravind Kumar Namasiyavam, Dr/Adjunct Lecturer, University of Toronto; Wing Yiu Stephanie Wong, Research Assistant, Department of Speech-Language Pathology, University of Toronto; Tina Yan, Research Assistant, Department of Speech-Language Pathology, University of Toronto; Pascal van Lieshout, Dr/Professor, Department of Speech-Language Pathology, University of Toronto

We evaluated the quality of statistical reporting in two top developmental disability and rehabilitation journals. Results indicated that a priori power and confidence intervals were reported < 20%, and effect sizes around 50% of the time. These findings reveal significant inadequacies in statistical reporting practices in the field.
An Integrated Care Plan: Empowering Clients and Families

**Leslie Marriott, Occupational Therapist, Holland Bloorview Kids Rehabilitation Hospital**

This poster will outline the implementation of a pilot project for an Integrated Care Plan (ICP) in a pediatric rehabilitation setting. The ICP is a new communication tool allowing families and clients to drive their therapy and clinical care. The ICP facilitates collaboration and communication amongst all team members.

**Triple A Program – Ability, Awareness and Advocacy Leaders**

**Andrea Belanger, Disability Awareness Presenter, Grandview Children’s Centre; Marshall Hohmann, Disability Awareness Presenter, Grandview Children’s Centre**

This poster will describe a fun and empowering student-driven program striving to increase awareness and understanding of disabilities, and promote a community focused on inclusion. Come see the potential this program has to enhance the life skills of youth and build a stronger community.

A Family-Researcher Partnership: Working Together to Spread Awareness on the “F-words” in Childhood Disability

**Andrea Cross, PhD Student, CanChild Centre for Childhood Disability Research; Peter Rosenbaum, Professor, Co-Founder of CanChild, CanChild Centre for Childhood Disability Research; Jan Willem Gorter, Associate Professor, Director of CanChild, CanChild Centre for Childhood Disability Research; Danijela Grahovac, Parent, CanChild Centre for Childhood Disability Research; Diane Kay, Parent, CanChild Centre for Childhood Disability Research**

Recognizing families as key stakeholders in children’s lives, it is important to build partnerships with families in research and practice. This poster will summarize an integrated knowledge translation (iKT) project that involved working with families to spread awareness on the “F-words” in childhood disability – Function, Family, Fitness, Fun, Friends, and Future.

An Innovative Partnership to Assist Young Adults with Chronic Health Conditions to Transition from Pediatric to Adult Care

**Connie Castillo, Nurse Practitioner, Holland Bloorview Kids Rehabilitation Hospital; Andrea Macdonald, Operations Manager, Holland Bloorview Kids Rehabilitation Hospital; Lyndsay Tchegus, Manager, Programs & Planning, The Anne Johnston Health Station**

Strategic partnerships between pediatric and adult facilities can be strengthened with a nurse practitioner (NP) linking the two organizations. The ability of NPs to coordinate and view young individuals with chronic conditions in a holistic manner will assist in achieving a seamless transition and transfer of care and prevent negative outcomes.

A Framework for Engaging the Family Perspective in All Aspects of the Research Process

**Nadia Tanel, Manager, Research Operations, Holland Bloorview**

This poster will present baseline data for current family engagement in research at Holland Bloorview and a Family Engagement in Research framework developed by the Family Engagement Committee to encourage and increase family involvement in all aspects of the research process from idea conception to knowledge translation and dissemination.

Making Decisions Together: Proposing a New Model of Decision-Making in Children’s Rehab Services

**Kerry-Ann St-Jean, Registered Nurse, Ottawa Children’s Treatment Centre; Allyson Shephard, Advanced Practice Nurse/Program Coordinator, Family Decision Services, Children’s Hospital of Eastern Ontario; Sharon Lefroy, Project Administrator, Ottawa Children’s Treatment Centre; Janet Jull, Research Associate, Family Decision Services, Children’s Hospital of Eastern Ontario; Anton Saarimaki, Data Analyst, Ottawa Hospital Research Institute; Margaret Lawson, Medical Director, Family Decision Services, & Pediatric Endocrinologist, Division of Endocrinology, Children’s Hospital of Eastern Ontario**

Shared decision making (SDM), a collaborative model of healthcare decision making, promotes decisions that are informed by the best available evidence and are consistent with family values and preferences. This poster will describe a model for staff training and implementation of SDM at a children’s treatment centre.

Updating the Content of the Community Mobility Assessment (CMA) to Reflect Youths’ Use of Technology and Changes in the Build Environment

**Johanna Shenstone, Graduate Student, Bloorview Research Institute; Martin Rodak, Graduate Student, Bloorview Research Institute; Virginia Wright, Senior Scientist, Bloorview Research Institute; Trish Geisler, Occupational Therapist, Holland Bloorview Kids Rehabilitation Hospital; Kelly Brewer, Physiotherapist, Holland Bloorview Kids Rehabilitation Hospital; Janet Woodhouse, Occupational Therapist, Holland Bloorview Kids Rehabilitation Hospital**

The Community Mobility Assessment (CMA) helps physiotherapists/occupational therapists determine whether adolescents with brain injury access their communities safely and independently. The built environment has changed and communication technology has advanced. The CMA’s content needed updating to reflect these changes. This mixed-methods study resulted in 26 new items for the CMA.

Individualized Goal Attainment Associated with a Robotic Gait Training Intervention for Children with Cerebral Palsy

**Virginia Wright, Senior Scientist, Bloorview Research Institute; Gloria Lee, Research Co-ordinator, Bloorview Research Institute; Darcy Fehlings, Senior Physican, Holland Bloorview Kids Rehabilitation Hospital**

Robotic-assisted gait training with technology such as the Lokomat® is a promising approach for improving gait-related function of children/ youth with cerebral palsy (CP). This project evaluated goal areas and accomplishments associated with Lokomat® use with ambulatory children with CP. Understanding which goals are potentially realizable can help clinicians fine-tune Lokomat® interventions.
The Use of the Child and Adolescent Needs and Strengths – Autism Spectrum Profile (CANS-ASP) in Durham Applied Behaviour Analysis (ABA)-Based Services and Supports for Children and Youth with Autism Spectrum Disorder

Meghann Lloyd, Assistant Professor, University of Ontario Institute of Technology & Grandview Children’s Centre; Lee-Anne Brown, Service Coordinator, Resources for Exceptional Children and Youth-Durham Region; Beverley Palmer, Service Coordinator, Resources for Exceptional Children and Youth-Durham Region; Denise Cashley, Executive Director, Resources for Exceptional Children and Youth-Durham Region; Leslie Suite, Director of Clinical Services, Grandview Children’s Centre

The CANS-ASP is used to both describe and measure outcomes of children and youth who are receiving service through the Durham Applied Behaviour Analysis (ABA)-Based Services and Supports for Children and Youth with ASD. Preliminary findings of outcomes as well as descriptive variables will be presented.

Sounds Right – A Caregiver-Coaching Intervention Program for Preschoolers with Speech Sound Disorders

Jennifer Hard, Speech-Language Pathologist, ErinoakKids Centre for Treatment and Development; Aravind Namasiyavam, Adjunct Lecturer, University of Toronto; Leslie Styba, Clinical Services Supervisor, ErinoakKids Centre for Treatment and Development

Sounds Right is a caregiver-coaching, group treatment program for children with articulation and phonological disorders. This poster will discuss the design, content, and measures of Sounds Right, compare it to more traditional treatment approaches, and share feedback from parents who have participated in the program.

Policies Supporting Participation in Leisure Activities in Ontario

Lowana Lee, Doctoral candidate, Boston University, Occupational Therapist, CDRP-McMaster Children’s Hospital; Keiko Shikako-Thomas, Post Doctoral Fellow, CanChild Centre for Childhood Disability Research; Mary Law, Professor, School of Rehabilitation Sciences, McMaster University, Co-founder, CanChild Centre for Childhood Disability Research

Children with disabilities participate less in leisure activities when compared with peers. Levels of participation are related to contextual factors, including policies and services. This study examined policies supporting leisure participation in the province of Ontario. The objective is to identify gaps and to disseminate information to families and clinicians.

"Complex Needs, Complex Parenting": A Work in Progress

Ashley Edwards, Social Worker, Grandview Children’s Centre

Families of children with complex diagnoses express a unique need for therapeutic social work intervention and support. A group that provides parent networking, empowerment, resource navigation, as well as emotional and informational support, reflects an innovative effort to work with families to develop family focused care for children with complex needs.

An Agency’s Journey Towards Restructuring Services Embracing a Collaborative and Integrated Team Approach

Tamie Aubin, Team Program Development Lead, Lansdowne Children’s Centre; Tracy MacMillan, Speech Language Pathologist, Lansdowne Children’s Centre

Lansdowne Children’s Centre has recently experienced a restructuring process addressing the composition of service delivery teams and the integration of service provision models. This poster presentation will outline the targeted service provision model, the working phases for change implementation and the supports used throughout the transition towards collaborative integrated teams.

KidsAbility “Picky Eater” Care Path

Lori Hill, Occupational Therapist, KidsAbility – Kitchener; Lisa Moses, Occupational Therapist, KidsAbility – Kitchener

Picky eating is an issue identified at KidsAbility intake. There is not yet a common understanding of this concern. It was felt that a consistent approach to intervening was necessary among occupational therapists (OTs) and other service providers (IBI/ABA). A care path was developed to provide direction in our approach.

Group Readiness for Preschoolers

Amy Sinclair, Therapeutic Recreation Coordinator, Grandview Kids

Group Readiness is a child- and family-centred intervention for preschoolers in a structured environment utilizing transition strategies, visuals and creative play opportunities. The goals of intervention are to increase a preschool child’s ability to participate in a small group intervention independently, engage in play with a peer and take turns.

Transition Clinic – Preparing for Adult Services

Brittany Thordarson, Occupational Therapist, Grandview Children’s Centre

The Transition Clinic is an effective means of engaging clients and caregivers in planning for transition to adult services. Grandview Children's Centre continues to expand transition supports and will host its first annual Transition Fair to further facilitate family engagement by linking clients and caregivers with community agencies.

Best Practice in Social Work Services: A Solution Focused Approach

Mandy Doherty, Social Worker/Professional Practice Leader, Grandview Children’s Centre

Solution Focused Approach allows for Social Work Services at Grandview Children's Centre to provide most effective intervention for families to succeed; provide service to more families; and the reduction of a wait list. This has proven to be an effective means of service delivery and best practice whilst supporting families.
Posters

Measuring Progress: Goal Achievement by Participants During the “Moving On: Teen Independence Program”

Andrea Morrison, Occupational Therapist, HHS – CDRP; Emily Shermeto, MSc. OT Candidate, McMaster University; Meaghan Bell, MSc. OT Candidate, McMaster University

The Moving On: Teen Independence Program (MOTIP) was developed to assist adolescents with physical and neuro-developmental disabilities in reaching their goals related to independent living and community participation. During this residential immersive life skills program, participants reported increased satisfaction and performance on their individual goals.

Transforming Practice: Key Elements and Strategies for Using a Strengths-Based Approach in Pediatric Rehabilitation

Michelle Servais, Researcher, Thames Valley Children’s Centre; Patricia Baldwin, Occupational Therapist, Thames Valley Children’s Centre

In this knowledge translation poster, we will identify evidence that supports using a strengths-based approach in pediatric rehabilitation. The values and principles associated with a strengths-based approach will be described, examples of tools and resources to identify strengths will be provided, and specific strategies that can be used in practice will be shared.

McMaster Children’s Health Centre Case Study

Santiago Kunze, Principal, Montgomery Sisam Architects; Bonnie Buchanan, Clinical Manager - Developmental Paediatrics and Rehab, McMaster Children’s Hospital - Hamilton Health Sciences; Randi Robicheau, Manager, Special Projects and Integration, Developmental and Mental Health Services, McMaster Children’s Hospital; Colleen Anderson, Director / Adolescent Medicine, Autism, Child and Youth Mental Health, Child Advocacy, Eating Disorders, Developmental Pediatrics and Rehab Lead, McMaster Children’s Hospital/McMaster Children’s Health Centre

Through high-level renderings and plans this poster will explore three essential first steps in the visioning, planning and design of the new McMaster Children’s Health Centre. The design takes an integrated approach based on a dialogue with existing treatment centres and the application of LEAN and Evidence Based principles.

Youth Engagement in Goal-Based Life-Skills and Transition Programs

Eric Smart, Student Occupational Therapist, Department of Occupational Science and Occupational Therapy, Faculty of Medicine, University of Toronto; Adeeta Ramkisson, Student Occupational Therapist, Department of Occupational Science and Occupational Therapy, Faculty of Medicine, University of Toronto; Carolyn McDougall, Occupational Therapist, Holland Bloorview Kids Rehabilitation Hospital; Patty Rigby, Occupational Therapist, Department of Occupational Science and Occupational Therapy, Faculty of Medicine, University of Toronto, Bloorview Research Institute, Bloorview Kids Rehabilitation Hospital; Gillian King, Department of Occupational Science and Occupational Therapy, Faculty of Medicine, University of Toronto, Bloorview Research Institute, Bloorview Kids Rehabilitation Hospital

Client engagement is the active involvement and investment in the therapeutic process and is associated with enhanced rehabilitation outcomes. Youths’ perceptions of what helps and hinders their engagement in life-skills or transition programs were explored. Themes about therapeutic relationships, youths’ beliefs, and the process of working towards goals will be presented.

Professional Practice Model at Grandview Children’s Centre: Initiation, Development and Enrichment of an Inter-Professional Practice Team

Mandy Doherty, Social Worker/Professional Practice Leader, Grandview Children’s Centre

Grandview Children’s Centre introduced an Inter-Professional Practice Team to promote and maintain the standards of practice for each specific profession with the ultimate goal of enriching current best practice. It is a work in progress that involves learning, collaboration, cooperation and growth that benefits families and organizations as a whole.

Serial Casting – Program Description for Serial Casting at Grandview to Ensure Standardized Quality and Equal Access

Marj Kennelly, Physiotherapist, Grandview Children’s Centre; Kara Graham, OTA/PTA, Grandview Children’s Centre

Grandview has completed a detailed best practice guideline for serial casting which outlines inclusion and exclusion criteria, billing process, parent information and consent package, and mentorship and education needs for staff. This guideline promotes equal access to clinical expertise for the clients of Grandview.

How Integrated Is Your Community?

Amelia Morrison, Service Manager, Children’s Treatment Centre of Chatham Kent

The Chatham Kent Best Start Network developed a process to help the community document movement along an integration continuum, provide suggestions to service providers for facilitating integration, facilitate the use of stronger outcome measures, and store outcome measures and integration measures for future use.
Program

SUNDAY, NOVEMBER 2, 2014

5:00 pm – 7:00 pm  Registration

7:00 pm – 10:00 pm  Welcome Reception

MONDAY, NOVEMBER 3, 2014

7:00 am – 5:00 pm  Registration

8:30 am – 9:15 am  Opening Remarks

9:15 am – 10:15 am  Opening Keynote Presentation

Peter Jensen

Peter Jensen has a PhD in sport psychology and is the founder of one of Canada’s premiere training companies, Performance Coaching Inc. He has worked with major companies all over North America and abroad. He has attended eight Olympic Games, worked with over 60 medal winning athletes and their coaches, and is a sport psychology trainer for many of Canada’s Olympic athletes. He is also an instructor at Canada’s foremost executive development school, Queen’s School of Business.

As a speaker, Peter has the power to invigorate audiences through his compelling use of humour, personal experiences and concrete, actionable content. As a “developer of people” his strength is in creating environments where people learn and grow. Peter’s wealth of personal experiences in both the corporate and sports arenas allow him to communicate high-level concepts in an extremely accessible way through anecdotes, metaphors and true stories. He is insightful, relevant and highly entertaining!

10:30 am – 11:30 am  Concurrent Morning Sessions

MA1  Bridging the Gap: From Mother to Infant to Child

Elizabeth Asztalos, Neonatologist, Department of Newborn & Developmental Paediatrics, Sunnybrook Health Sciences Centre

In this session, Dr. Asztalos will:
- review the ongoing impact of preterm birth,
- summarize the current state of knowledge related to our understanding of the serious neonatal morbidities,
- review the current state of knowledge as it relates to neurodevelopmental outcomes of the most vulnerable preterm population,
- look at factors that may contribute to improve neonatal and neurodevelopmental outcomes.
Program

MA2  The OIL Centre: Implementing Technology in Pediatric Rehabilitation

Corinne Tuck, Occupational Therapist, Glenrose Rehabilitation Hospital – Alberta Health Services; Quentin Ranson, Occupational Therapist, Rehabilitation Technology Leader, Glenrose Rehabilitation Hospital – Alberta Health Services

The presenters will outline development of an integrated rehabilitation technology centre in pediatric services. This session will include tool demonstration, practical ideas for clinical use, patient and staff engagement, training, unique partnerships and opportunities to explore practical lessons learned through this journey. A process for evaluation and selection will also be described.

Objectives
- Describe development of an integrated rehabilitation technology centre in pediatric services.
- Highlight strategies for patient and staff engagement for using technology tools.
- Provide a model for selection and evaluation of rehabilitation technology tools.

MA3  Enhancing Clinical Listening Skills: A Collaborative Partnership Involving Clinical Practice, Research, and Education

Gillian King, Senior Scientist, Holland Bloorview Kids Rehabilitation Hospital; Tracy Shepherd, Speech Language Pathologist, Thames Valley Children’s Centre; Michelle Servais, Researcher, Thames Valley Children’s Centre; Colleen Willoughby, Occupational Therapist, Thames Valley Children’s Centre; Kerry Knickle, Academic Educator, University of Toronto

This workshop will take participants on a journey to more fully understand clinical listening. It will describe how a collaborative partnership developed a series of authentic digital video simulations involving standardized patients, and findings from a study involving the simulations and solution-focused coaching. Participants will be provided with various experiential opportunities.

Objectives
- To understand the importance of clinical listening skills.
- To become familiar with how simulation can enhance the listening skills of practicing pediatric rehabilitation therapists.
- To learn about and complete the Effective Listening and Interactive Communication scale.
- To experience a live simulation involving listening and communication.
Program

MONDAY, NOVEMBER 3, 2014 CONTINUED

10:30 am – 11:30 am  **MA4**  
**Family Engagement in Research and Knowledge Translation: Why and How?**  
*Dianne Russell*, Research & Knowledge Exchange Specialist, CanChild Centre for Childhood Disability Research; *Jennifer Sprung*, Parent/Carer/Research Advisor, CanChild Centre for Childhood Disability Research; *Peter Rosenbaum*, Pediatrician and Research Scientist, CanChild Centre for Childhood Disability Research

This workshop will include parent and clinical researcher perspectives and encourage participants to discuss (i) the rationale for involving families in research, (ii) challenges and opportunities, and (iii) examples of successful partnerships. The workshop will be structured around stages of a research cycle from identifying questions to promoting uptake.

Objectives

- To understand and illustrate the value of partnerships between researchers and families in the context of childhood disability research.
- To be familiar with all stages in the research cycle, in relation to various ways of engaging families.
- To engage the audience in discussion of the challenges and facilitating factors to effective partnerships between parents/families and researchers.

11:00 am – 5:30 pm  Posters on Display

11:30 am – 1:00 pm  **Tribute Awards Luncheon**

11:30 am – 1:00 pm  **OACRS Affiliated Physicians Luncheon**

1:00 pm – 2:00 pm  **Concurrent Afternoon Sessions**

**MA5**  
**Children with Down Syndrome and Complex Needs**  
*Karen Harman*, Developmental Pediatrician, Associate Professor, Department of Pediatrics, McMaster University

Session description to come

1:00 pm – 2:00 pm  **MP1**  
**Early Environmental Influences on the Developing Human Brain: Studies of Epigenetic Mechanisms and Relevance for Mental Health**  
*Linda Booij*, Assistant Professor, Queen’s University, Researcher, Sainte-Justine Hospital

Dr. Booij’s workshop will be about how the early environment could affect human brain development, and the putative role of DNA methylation in this relationship. Emphasis will be on the serotonin system. The research that she will present includes studies conducted in longitudinal cohorts of adolescents and adults, followed since birth.
1:00 pm – 2:00 pm

**MP2**  
*Let’s Talk Family Portals*

*Michelle Biehler*, Director, ACCESS and Health Records, Children’s Treatment Network of Simcoe York; *Barbara Hill*, Director, Technology, and Lead, Centre of Excellence at KidsAbility;  
*Amy Johnson*, Strategic Program Manager, GoldCare

KidsAbility and Children’s Treatment Network are working together with GoldCare to develop and pilot a Family Portal. This secure link will enable families to communicate with their team, view and print reports in the health record, and see appointments in their child’s schedule. This presentation will outline the steps taken in the pilot to prepare families and service providers and discuss our learnings to date. It will also highlight considerations for a full rollout across other CTCs using GoldCare.

**MP3**  
*Beyond RDSPs: Proactive Financial Planning for Families with Special Needs*

*Roland Chan*, Director of Operations, Liland Insurance  
*Speakers TBA*, Industry experts

When it comes to financial planning, the majority of Canadians’ primary concern is retiring happily. But families who have dependents with special needs have additional concerns. A panel of 5 industry experts will go beyond RDSPs and demystify critical areas for a successful financial plan, including an interactive Q&A session.

**Objectives**

- Tax planning: demystifying claiming disability and caregiver credits.
- Trusts: learn how proper trust planning is perhaps the biggest and most important part of estate planning that is intended to leave behind assets for the well-being and benefit of disabled heirs.
- Insurance: a key component to fund an estate plan but must be set up correctly in conjunction with a Henson Trust. Discussion on living benefits insurance for children with special needs.
- Estate Planning 2014 and beyond: learn of the current market and planning trends beyond RDSP and tax credits which will impact our children’s future and how best to prepare today.

**MP4**  
*Transforming and Enhancing Entry-to-Service for Families: An Organization’s Experience with Listening and Responding to Families’ Priority Needs*

*Michelle Servais*, Researcher, Thames Valley Children’s Centre; *Stacy McDougall*, Manager, Family and Community Services, Thames Valley Children’s Centre; *Melissa Heeney*, Occupational Therapist, Thames Valley Children’s Centre; *Patricia Baldwin*, Occupational Therapist, Thames Valley Children’s Centre; *Janet Gritzan*, Manager, Early Childhood Services and Therapy Contract Services, Thames Valley Children’s Centre; *Mary Ellen McLean*, Physiotherapist, Thames Valley Children’s Centre; *Gillian Stapleton*, Physiotherapist, Thames Valley Children’s Centre; *Carolyn Nicholson*, Speech-Language Pathologist, Thames Valley Children’s Centre; *Michelle Truppe*, Director of Early Childhood, School Age, and Adolescent Programs, Thames Valley Children’s Centre
**MP4 continued**

This presentation will describe a strengths-based, solution-focused, entry-to-service program that played a role in transforming how a children’s treatment centre delivers services to families. Program evaluation results and organizational lessons learned will be highlighted. Strategies for welcoming families will be shared so that services “get it right in the beginning”.

**Objectives**

- Attendees will learn one organization’s journey from a single entry-to-service team to a model of best practice for newly referred families.
- Attendees will learn practical strategies to improve entry-to-service for families and possibilities for increasing family engagement in the therapeutic process.
- Attendees will learn about the results of a program evaluation and critical best practice elements for transforming entry-to-service for organizations. Attendees will also receive resources that highlight the process of transforming entry-to-service and program evaluation.

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**Concurrent Afternoon Session**

**MP5 SFC 101: Introducing Solution-Focused Coaching as a Powerful and Positive Way to Work Collaboratively with Others**

*Patricia Baldwin, Occupational Therapist, Certified Solution-Focused Practitioner, Thames Valley Children’s Centre*

In this highly interactive workshop, participants will enhance their skills for working in relationship with others through the practice of Solution-Focused Coaching (SFC). SFC is a strengths-based, relational and goal-oriented approach to working on ‘problems’ in ways that facilitate client engagement and empowerment, generate new possibilities, and support collaborative planning.

**Objectives**

Upon completion of this session, participants will:

- Be familiar with the principles and core elements of Solution-Focused Coaching.
- Have an understanding for using SFC in pediatric rehabilitation.
- Consider the ‘fit’ of SFC with their current clinical or organizational practice.
Program

MONDAY, NOVEMBER 3, 2014 CONTINUED

2:45 pm – 3:45 pm Concurrent Afternoon Sessions

**MP6** Ins & Outs of the Management of the Hip in Cerebral Palsy

*Unni Narayanan,* Paediatric Orthopaedic Surgeon, The Hospital for Sick Children, Associate Professor, Department of Surgery, University of Toronto, Senior Scientist, Bloorview Research Institute

This presentation will provide a comprehensive review of the epidemiology, patho-physiology and natural history of hip displacement in cerebral palsy; and discuss the evidence of the effectiveness (or not) of screening/surveillance programs and early prophylactic versus late reactive interventions including non-operative and surgical strategies.

**MP7** Benchmarking Excellence in Children's Rehabilitation Internationally

*Carol Damp Lowery,* Quality and Performance Analyst, Holland Bloorview Kids Rehabilitation Hospital; *Sonia Pagura,* Senior Director, Quality, Safety and Performance, Holland Bloorview Kids Rehabilitation Hospital, Lecturer, University of Toronto; *Golda Milo-Manson,* Vice President, Medicine and Academic Affairs, Developmental Paediatrician, Holland Bloorview Kids Rehabilitation Hospital, Associate Professor, Department of Paediatrics, University of Toronto; *Jackie Schleifer Taylor,* Vice President, Programs and Services, Holland Bloorview Kids Rehabilitation Hospital, Assistant Professor, Department of Physical Therapy, University of Toronto

Benchmarking excellence is a standard expectation in healthcare as funding becomes more constrained and focuses on reproducible outcomes. To advance our knowledge in benchmarking of clinical outcomes and indicators/targets, a narrow and purposeful scoping review was undertaken to provide foundational information to Holland Bloorview to further guide our journey in excellence.

Objectives

- Provide an overview of the mixed methodology applied using both quantitative and qualitative techniques.
- Describe the results highlighting the system, operational and clinical classification breakdown of the most referenced indicators.
- Discuss recommendations that will support an infrastructure for sustainability.

**MP8** From Me to We: How Stories, Innovation and Understanding Make a Difference

*Anna Rendell,* Mother, OACRS FAC member; *Darren Connolly,* Father, Owner, Allsource Depot Home Health Supplies; *Anchel Krishna,* Mother, OACRS FAC, Communications Manager, Children’s Treatment Network
MP8 continued

In a world that can seem so isolating, families have adopted many ways of feeling connected and heard. By utilizing social media, blogging and video-blogging, advocacy has become a transformed being. This presentation will demonstrate how easy and painless it is to be heard.

Objectives
• Finding your advocacy voice.
• Working towards positive change.

MP9 Using the Fatigue Impact and Severity Self-Assessment – Strategies to Enhance Self-Awareness and Self-Management of Fatigue in Cerebral Palsy

*Laura Brunton, Western University, Doreen Bartlett, Professor, Western University*

Individuals with cerebral palsy have described a large impact of fatigue and limited knowledge of strategies to self-manage fatigue. Clinicians will be introduced to the Fatigue Impact and Severity Self-Assessment, a tool that can be used to foster self-awareness and self-management through clinical conversations between care providers and their clients.

Objectives
• Understand the need to measure fatigue and the strategies individuals with cerebral palsy are currently using to manage fatigue in everyday life.
• Understand the creation and validation of the Fatigue Impact and Severity Self-Assessment for youth and young adults with cerebral palsy.
• Demonstrate an awareness of potential applications for a fatigue measure within their own clinical setting.

MP10 Caring for Kids New to Canada

*Speakers TBA, Canadian Pediatric Society*

Immigrant and refugee children, youth and their families face a number of challenges in relation to their health care needs. This is particularly true of children and youth with disabilities. This presentation will focus on the issues that this population may present with, the issues related to providing care as well as resources for addressing working with this population.
MP11 Using Interactive Computer Play in Rehabilitation Therapies: Potential and Challenges
Elaine Biddiss, Scientist, Bloorview Research Institute, Holland Bloorview Kids Rehabilitation Hospital, Assistant Professor, Institute of Biomaterials & Biomedical Engineering, University of Toronto; Linda Fay, Occupational Therapist, Child Development Program, Holland Bloorview Kids Rehabilitation Hospital; Ka-Kei Yeung, Physiotherapist, Child Development Program, Holland Bloorview Kids Rehabilitation Hospital; Lauren Switzer, Research Project Manager, Bloorview Research Institute, Holland Bloorview Kids Rehabilitation Hospital; Shawna Wade, Senior Director, Rehabilitation and Complex Continuing Care, Holland Bloorview Kids Rehabilitation Hospital

The science, practice, and future of interactive computer play (ICP) in pediatric motor rehabilitation as presented by clinicians, researchers, and engineers at Holland Bloorview Kids Rehabilitation Hospital. This interdisciplinary workshop will target managers assessing the value of ICP, clinicians using ICP in practice, and researchers evaluating and developing ICP technologies.

Objectives
• Have a better understanding of commercially available and emerging technologies for virtual reality therapy and interactive computer play.
• Be aware of the current state of evidence on interactive computer play for pediatric motor rehabilitation.
• Be able to identify potential opportunities for applying interactive computer play in practice.
• Understand the current limitations of these technologies and practical challenges that may be encountered when using them in the clinical setting.

MP12 Our Community’s Teen Transition Journey
Dave Schaller, Manager of Community Services, Pathways Health Centre for Children; Karen Holland, Parent Advisor/Transition Coordinator, Pathways Health Centre for Children

This presentation will reflect our Centre’s and community’s journey to come together to support the needs of youth with disabilities and their families as they transition from Children’s Services to Adult Services and life as young people living in their communities where they belong.

Objectives
• Identify the practices communities can use to support teen transition.
• Identify barriers faced by teens and their parents as they engage in the teen transition journey.
• Identify community transition resources and supports available to teens and their parents.
• Identify what parents feel Children's Treatment Centres can do to support their teen’s transition to adulthood.
4:00 pm – 5:00 pm  
**MP13 Transition to School: Integrating for Better Outcomes**

*Kimberly Woodland*, Manager, Programs and Services, Children’s Treatment Network; *Rhea Taplin*, Clinical Team Leader, Royal Victoria Regional Health Centre; *Sue Neilon*, Supervisor, Community Living Huronia; *Shannon Thompson*, Central Program Consultant, Special Education, Simcoe County District School Board

Learn about an innovative process for transitioning children from the preschool system to the school system within Children’s Treatment Network. Tools, including the shared electronic record, a learning management system, and the Transitional Integrated Program Plan (TIPP), designed to communicate family vision, team goals and practical strategies will be highlighted.

**Objectives**
- Participants will gain knowledge of the process the inter-professional teams within Children’s Treatment Network are using to enhance each child's transition to school through inter-professional practice.
- Participants will gain knowledge in how an integrated transition planning tool (TIPP) is being used to support success at school.
- Participants will understand how a shared electronic record and a learning management system can help to drive integrated practice and allow for seamless and efficient transition of information between sectors/systems partners.
- Participants will have an opportunity to review and discuss the evaluation of this process and consider how this information might be applicable in their own practice.

5:00 pm – 5:30 pm  
**Posters on Display**

5:30 pm – 6:30 pm  
**Marketplace Reception**

Be sure to attend the Marketplace Reception and take the opportunity to network with other delegates, meet paediatric rehabilitation suppliers and vendors.

Join us for hors d’oeuvres, refreshments and cocktails from the cash bar.

6:00 pm – 9:00 pm  
**PONDA Physicians Network – Dinner Meeting**

Not included in Registration Package: Additional Cost of $57.50
Program

TUESDAY, NOVEMBER 4, 2014

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<tr>
<td>7:00 am – 12:30 pm</td>
<td>Registration</td>
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<tr>
<td>8:00 am – 8:30 am</td>
<td>OACRS Annual General Meeting and Buffet Breakfast</td>
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<tr>
<td>8:00 am – 8:30 am</td>
<td>Delegate Buffet Breakfast</td>
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<td>8:00 am – 2:00 pm</td>
<td>Posters on Display</td>
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<tr>
<td>8:30 am – 9:30 am</td>
<td>Concurrent Morning Sessions</td>
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**TA1** From Research to Practice: What Do We Know and How Can We Advance Aquatic Programs in Children’s Rehabilitation Services?

*Andrea Cross,* PhD student, School of Rehabilitation Science, McMaster University; *Margaret Schneider,* Associate Professor, Wilfrid Laurier University; *Peter Rosenbaum,* Professor, McMaster University; *Jan Willem Gorter,* Director, CanChild Centre for Childhood Disability Research, Associate Professor, McMaster University

There have been many advances in the paediatric aquatics field, but questions remain about the effectiveness of aquatic interventions for children with disabilities. This presentation will summarize and disseminate the research findings from two studies – an aquatics intervention for children with developmental disabilities and a paediatric aquatics scoping review.

**Objectives**

- To illustrate the holistic benefits of the aquatic environment for children with developmental disabilities.
- To critically examine the aquatic environment from both a research and practice perspective.
- To raise awareness on the aquatic environment and its potential role in children’s rehabilitation services.
- To encourage future collaboration amongst aquatic researchers, aquatic providers, families, and rehabilitation services with the goal of enhancing paediatric aquatic programs.

**TA2** Ministry of Children and Youth Services Presentation

*Speakers TBA*
Program

8:30 am – 9:30 am

**TA3**  
**AAC Outcomes for Kids Research Alliance: Origins of an Integrated Knowledge Translation Network**

*Steve Ryan,* Senior Scientist, Bloorview Research Institute, Holland Bloorview Kids Rehabilitation Hospital; *Carrie Laskey,* Holland Bloorview Kids Rehabilitation Hospital

In this case study for the advancement of clinical best practices in AAC services for children and youth with complex communication needs, presenters will discuss the motivation for and pilot work done to develop a novel parent-report measurement scale and will share how this work leveraged support for a multi-year research study designed to improve AAC services. They will present the planning, process, and outcomes of a capacity-building workshop designed to identify pressing clinical research priorities and questions in AAC outcomes for kids. The goals, activities, and membership of the budding AAC OK (Outcomes for Kids) Research Alliance will be profiled.

8:30 am – 10:45 am  Concurrent Morning Sessions

**Panel Presentation**

**TA4**  
**Solution-Focused Coaching: How it ‘Makes Sense’ for Children’s Rehabilitation Services in Ontario**

Co-Facilitators:

*Patricia Baldwin,* Occupational Therapist, Certified Solution-Focused Practitioner, Thames Valley Children’s Centre; *Dorothy Harvey,* Manager of Rehabilitation Services, Niagara Children’s Centre, Chair, OACRS Clinical Best Practice Group

Panel:

*Gillian King,* Senior Scientist, Bloorview Research Institute; *Heidi Schwellnus,* Postdoctoral Research Fellow, Bloorview Research Institute; *Leanne Weeks,* Local Team Facilitator, Children’s Treatment Network of Simcoe York; *Kim Woodland,* Occupational Therapist, Manager, Programs and Services, Children’s Treatment Network of Simcoe York; *Wendy Tavares,* Family & Community Services Manager, John McGivney Children’s Centre; *Michelle Truppe,* Director, Early Childhood, School-Age and Adolescent Program, Thames Valley Children’s Centre; *Veronica Vanderborght,* Director, Autism Services, Thames Valley Children’s Centre

Solution-focused coaching (SFC) is a strengths-based, relational and goal-oriented approach to working collaboratively with others. In this panel presentation, representatives of three children's treatment centres will share their experiences of introducing and sustaining SFC within their organizations and scientists will share relevant research. Dialogue will focus on sustainable practice, research directions, and development of a best practice guideline.
Program

8:30 am – 10:45 am

**TA4 continued**

Objectives
- Gain an understanding of solution-focused coaching as it is being practiced within several Children’s Treatment Centres.
- Consider the resources and supports required to introduce and to sustain the practice of solution-focused coaching within an organization.
- Develop ideas for introducing SFC into their practice/organization.
- Assist in identifying needs and directions for the development of a best practice guideline for solution-focused coaching in pediatric rehabilitation.

**TA5**  
**Beyond Strangers: Forging Partnerships that Transforms Lives**

*Jacqui Getfield, Chair, CTN Family Engagement Council, Children’s Treatment Network of Simcoe York*

A family-centred approach provides opportunities for families to be actively involved in their child’s care and the ongoing development of the service system. This presentation will explore the successes and challenges of moving an organization and service system from a culture of “doing for” to one that truly “collaborates with.”

Objectives
- Participants will gain an understanding of the current research and practices that support family engagement and how this can contribute to better outcomes for kids and families.
- Participants will explore their own values and beliefs with respect to involving families and how providers can adapt their practices to work most effectively with families.
- Participants will have an opportunity through dialogue to explore best practices and trends related to communicating with and building sustainable relationships of trust with all communities.
- Participants will gain an understanding of the challenges in engaging and involving all families.

9:45 am – 10:45 am

**Concurrent Morning Sessions**

**TA6**  
**Best Practices in Program Planning: Applying Multi Criteria Decision Making**

*Jackie Schleifer Taylor, Vice President, Programs and Services, Holland Bloorview Kids Rehabilitation Hospital*

Today organizations are faced with many challenges that require complex decision making processes. Multi-Criteria Decision Analysis, or MCDA, is a valuable tool that is useful in the course of decision making. It is applicable to solving problems that are characterized as a choice among alternatives. It helps teams focus on what is important, logical and consistent, and is easy to use. MCDA provides a unique ability for people to consider and talk about the complex trade-offs among alternatives. In effect, it helps people think, re-think, query, adjust, decide,
9:45 am – 10:45 am  
**TA6 continued**  
rethink some more, test, adjust, and finally decide. During this past year, this process has been used at Holland Bloorview Kids Rehabilitation Hospital and has proved successful in its purpose. Jackie will be sharing information on MCDA and how Holland Bloorview Kids Rehabilitation Hospital has incorporated this process into its annual budgeting and planning cycle.

**TA7 Measuring Outcomes in Pediatric Rehabilitation**  
*Speakers TBA, CPDSN PRRS Data Elements Working Group*

The Pediatric Rehabilitation Reporting System has identified standardized data elements and the use of 2 standardized outcome tools (the PEM-CY and the PEDI-CAT). This session will speak to the process for determining the data elements and tools that would be included and will provide further information on the PEM-CY and PEDI-CAT.

9:45 am – 12:00 pm  
**Concurrent Morning Session**  

**TA8 Management Best Practices: Clinical Documentation Working Group**  
As a follow up to the work done across CTCs in reviewing workload standards, the Management Best Practices Working Group has been reviewing clinical documentation requirements and looking for opportunities to create more efficiencies in clinical documentation particularly in light of electronic charting. This session will present the work to date, findings and preliminary recommendations.

11:00 am – 12:00 pm  
**Concurrent Morning Sessions**  

**TA9 Communication During Crisis**  
*Ross Parry, CEO, RSP Communications Inc.*

Session description to come

**TA10 Perceived Quality of Life for Youth with Chronic Health Conditions: Exploring Related Factors Using a Mixed-Methods Approach**  
*Janette McDougall, Researcher, Thames Valley Children’s Centre; Virginia Wright, Senior Scientist, Bloorview Research Institute; Patricia Baldwin, Occupational Therapist, Thames Valley Children’s Centre; Linda Miller, Vice-Provost, Western University; Jan Evans, Clinician/ Researcher, Thames Valley Children’s Centre; Megan Nichols, Project Coordinator, Thames Valley Children’s Centre; Nicole Etherington, Project Coordinator, Thames Valley Children’s Centre*

A mixed-methods study examining the factors related to perceived quality of life (QOL) for youth who receive OACRS services will be presented. The longitudinal quantitative part will
TA10 continued

provide initial baseline results. The qualitative part will focus on the meaning of QOL, and its connection to self-determination and spirituality, from youths’ perspectives.

Objectives
• Understand the importance of assessing youth QOL from the perspectives of youth and their parents.
• Be aware of key factors that are correlated with youths’ perceived QOL, from both the youths’ and their parents’ perspectives using a quantitative approach.
• Know how youth define QOL, self-determination, and spirituality and consider the connection youth make between these and other concepts they feel are important to their QOL using a qualitative approach.
• Consider how youth and family perspectives on QOL can impact clinical practice.

TA11 Resiliency in Parents: You’re Stronger than You Think
Susan Cadell, Professor & Director School of Social Work, Renison University College – University of Waterloo; Anchel Krishna, Manager, Communications, Children’s Treatment Network

For parents, caring for a child with a serious illness is a stressful experience that compounds the usual challenges of parenting. Parents can also experience positive changes in these circumstances. This workshop will share some results from a research study of posttraumatic growth in parents who are caring for a child with a life-limiting illness. Applicability of the results of this research to parents of children with disabilities will be explored as part of the workshop.

TA12 Celebrating 25 Years of CanChild
Jan Willem Gorter, Director, CanChild Centre for Childhood Disability Research, Associate Professor, McMaster University

This year represents CanChild’s 25th anniversary. Join Jan Willem Gorter for a retrospective of the work that has been accomplished to date, as well as a glimpse of what the future holds.

12:00 pm – 1:00 pm Delegates Luncheon and Posters

1:00 pm – 2:00 pm Concurrent Afternoon Sessions

TP1 Improving Health Care Services for Children with Disabilities in Canada: A National Data Set for Pediatric Rehabilitation
The Canadian Network for Child and Youth Rehabilitation (CN-CYR) in collaboration with the Canadian Pediatric Decision Support Network and the Canadian Institute for Health Information (CIHI) is developing the Pediatric Rehabilitation Reporting System (PRRS). Come hear more about this exciting and important initiative and find out how OACRS is participating and aligning reporting with our current CRISP project(s).
TP2  Board Session – TBA

TP3  “What is needed is a central person to whom immigrant families can go to...“: Service Providers’ Perceptions of Challenges Faced by Immigrant Mothers of Children with Disabilities

Nazilla Khanlou, Associate Professor and Women’s Health Research Chair in Mental Health, Faculty of Health, York University; Nasim Haque, Research Associate, Faculty of Health, York University; Mahdieh Dastjerdi, Assistant Professor, Faculty of Health, York University; Gail Jones, Director of Community Supports, Kerry’s Place Autism Services, Central West Region

A qualitative study to explore perspectives of mothers and service providers on the challenges faced by immigrant mothers of children with disabilities in accessing services was conducted. Twenty-seven service providers from organizations were interviewed. Data was analyzed using House’s (1981) classification of social support (instrumental, structural and emotional support).

Objectives
• Participants will attain an overview of the complex nature of challenges, through social support and service provision perspectives, immigrant mothers of children with disabilities encounter in their day-to-day lives.
• Participants will attain a systems-level understanding of the specific nature and extent of disability related health and social support needs of immigrant families. They will also appreciate the gaps in access to essential and social support services that are rampant, even when services exist.

TP4  Family Session – TBA

TP5  Pediatric Rehabilitation Research: Current Trends, Issues and Future Directions

Jan Willem Gorter, Director, CanChild Centre for Childhood Disability Research, Associate Professor, McMaster University

As a follow up to last year’s session on the development of a research network across CTCs, the OACRS Clinical Best Practices Working Group is pleased to have Jan Willem Gorter provide an overview on what the current state of pediatric rehabilitation research is. Jan Willem will provide information on national and international initiatives, and current issues related to research such as funding and competing interests. The session will also provide an opportunity to brainstorm on how we can strengthen the connection between front line practice and research.
Program

2:15 pm – 3:15 pm  Closing Keynote Presentation
“Been There, Learned This”

This year’s panel presentation, “Been there, learned this!” will involve parents from across Ontario sharing their experiences in raising a child with special needs. Parents will share their wisdom, lessons learned and their perspectives of navigating the system of supports for their families.

3:15 pm – 3:30 pm  Closing Remarks

To register online using a credit card, go to www.oacrs.com/en/Registration or download a Registration Form and fax it to 1-905-332-1587.
About OACRS

Since 1978, the Ontario Association of Children’s Rehabilitation Services (OACRS) has represented the interests of Children’s Rehabilitation Centres in Ontario. Through our services as a membership organization, we provide a powerful united voice for our member centres and deliver leadership by influencing policy, programs and funding to maximize the potential for all children and youth facing physical, communication and/or developmental challenges. Currently OACRS represents all 21 Children’s Treatment Centres in Ontario.

OACRS is committed to advancing an integrated, inclusive and family-centred sector. OACRS’ members provide innovative therapies and extensive treatment options to 65,000 children with physical, developmental and communications needs annually in cities, towns and rural areas across the province.

Our partners in children’s rehabilitation include the Ministries of Children and Youth Services, Community and Social Services, Education and Health and Long-term Care. Together our members provide over $185 million of services on a yearly basis.

Vision

A world in which all children and youth have the best opportunity to reach their potential.

Mission

The Ontario Association of Children’s Rehabilitation Services (OACRS) is the united provincial voice for all children and youth with physical, communication and/or developmental challenges.

To maximize the potential of children served by its members, OACRS leads in:

- Influencing public policy and resourcing for the sector;
- Advancing provincial partnerships, collaboration and engagement to enable a fully integrated system of services and supports;
- Pursuing excellence, innovation and accountability to support transformational change.